



# EVERYONE HAS THE RIGHT TO A HEALTHY LIFE.



DEDICATED AND  
COMPETENT STAFF



7/24 DAY-AND-NIGHT  
QUALITY HEALTHCARE



SMART DIGITAL  
HOSPITAL



ADVANCED  
MEDICAL  
EQUIPMENT



WE HAVE AGREEMENTS  
WITH SSI – PRIVATE HEALTH  
INSURANCES AND FOREIGN PRIVATE  
HEALTH INSURANCE COMPANIES



For detailed information and  
medical appointment booking

**444 55 56**

@ medical appointment

[www.tekdenhastaneleri.com](http://www.tekdenhastaneleri.com)







## Physical and Technical Features of Our Hospital:

Our hospital performs services at one of the most important and centrally-located boulevards of Denizli, namely October 29 Boulevard. Getting to our hospital is very easy and convenient by both public transport and by private vehicles. As our hospital is located close to the highway leading to the Court, there are minibus and bus stops available in the immediate vicinity. You can walk to the city center in about 5-10 minutes. Besides, it will take 15 minutes for you to get to the Intercity Coach Station.

- ✓ 15.500 square meter close area (8 floors)
- ✓ 6000 square meter green area
- ✓ 177 comfortable beds
- ✓ 8 x 100 square meter VIP hospital wards
- ✓ 96 hospital wards for single occupancy
- ✓ Pamukkale-Denizli shuttle service (15 min.)
- ✓ Chardak Airport shuttle service (30 min.)
- ✓ 7/24 security guard
- ✓ 200 surveillance cameras covering the internal and external areas
- ✓ 7/24 catering service by certified and experienced cooks
- ✓ 7/24 technical service team
- ✓ Domestic and foreign institutions with which agreements have been concluded, private and public insurance companies
- ✓ Central air conditioning system (ventilation)
- ✓ Uninterruptible power supply
- ✓ 2 generators being able to supply the entire hospital
- ✓ 8 x elevators
- ✓ 7/24 cafeteria service offering all kinds of hot and cold snacks and drinks

## Medical Staff:

- ✓ 400 professional workers
- ✓ 21 medical units with at least 2 specialty care providers per each
- ✓ 8 x fully equipped operating rooms
- ✓ 5 x cardiovascular surgery (CVS) intensive care units
- ✓ 30 x level III neonatal intensive care units
- ✓ Fully equipped physical therapy unit (hydrotherapy room, exercise room and cabin intended for 16 sessions)
- ✓ Obesity and diabetes surgery / Laparoscopic (closed) surgeries
- ✓ Flexible laser technology for kidney stone surgeries
- ✓ Laser device method for varicose vein treatments
- ✓ Laparoscopic hysterectomy (closed surgical removal of the uterus)
- ✓ Extracorporeal shockwave therapy (ESWT) in such disorders as medial epicondylitis (golfer's elbow), lateral epicondylitis (tennis elbow) and painful heel
- ✓ 3 x delivery rooms and 3 NST rooms
- ✓ 2 biochemistry laboratories and a microbiology laboratory
- ✓ Modern SIEMENS MR device
- ✓ 64-slice tomography device
- ✓ Digital x-ray and mammography device
- ✓ Bone mineral densitometer
- ✓ Picture archiving and communication system (PACS) (providing storage, archiving and distribution of BT, CT, ultrasound, x-ray, mammography etc. images from multiple radiology devices is available in our hospital.)
- ✓ Fully equipped emergency ambulance (with aeromedical service support)
- ✓ 7/24 service by specialist physicians (shift and on-call system)





## OUR PEOPLE DESERVE ALWAYS THE BEST AND THE HIGHEST QUALITY SERVICES

For the beautiful people of marvelous Denizli

"Tekden Healthcare Group" has provided healthcare services for more than 20 years. We have always committed ourselves to maintaining higher standards of our services and the utmost excellence. These efforts have culminated in the Tekden Hospitals and the provided services have reached a positive role model level.

Currently, the Tekden Hospitals have reached the level of major world reference hospitals through their important surgical operations, physical conditions and infrastructure, equipment availability, experienced physicians and personnel, registered quality certificates and social responsibility projects.

When serving in all branches of medical practice, it makes a great difference whether a hospital owns the complete package of necessary equipment. At the same time, this condition exerts a strong influence over the success rate. And thus, the Tekden Hospital through its branded name and the most comprehensive equipment availability for each branch has become highly successful. I wish to thank all our friends having had confidence in us and providing support in this respect.

During the years of providing our services, Tekden has been sharing your sorrows and joys as a family. Your mothers and fathers have become our mothers and fathers, and your children have become ours. We have been doing our best to develop our relations following this attitude.

That is why, your well-being remains a live important issue today. We'll go one better and will do our utmost for you to keep healthy by doing our job with total dedication and commitment within the concept "Safe Treatment and Safe Surgery Save Lives".

*Operating Doctor Kemal Tekden*  
Tekden Hospitals, Board of Directors Chairman







FOR CENTURIES, THERMAL WATER SPRINGS AND HEALTH TOURISM STAR DESTINATION

# DENIZLI

Due to its natural beauties and the historic spots, thermal springs, and economic viability Denizli has appeared to be the world wellness center in considering any historical period. Denizli having been the city of health and thermal tourism from ancient times to the present introduces "4 SEASON HOLIDAY OPTIONS" to you... Denizli is a real tourist paradise with its historical values and cultural artefacts, world-famous archeological sites, and thermal springs...

## HISTORICAL AND NATURE'S RESPLENDENCE IN THE CITY CENTER

### THE WORLD-FAMOUS WONDER OF NATURE PAMUKKALE IS A PERFECT CHOICE FOR BOTH TREATMENT AND HOLIDAY...

It is very hard to believe that some spots of interest are in Turkey. The symbol of Denizli - Pamukkale Travertine Terraces – is just one of them...

As far as thermal water springs are concerned, in Denizli there are the most abundant areas in the world. The temperature range of quality thermal waters having benefits to health of the springs found in the areas between Pamukkale, Karahayit, Akkoy, Yenicekent and Saraky differs from 25 °C to 250 °C so the purpose designed facilities there could offer thermal tourism and treatments all year round.

Assuming even the entire world, you can enjoy this feeling of pleasure only in PAMUKKALE... When winter comes to Pamukkale the world-famous travertine terraces are covered with snow, and tourists have an opportunity to enjoy both snow and hot water of the thermal antique pools...





## **THIS CITY HAS ALWAYS BEEN BEAUTIFUL AND NOW IT IS EVEN MORE MARVELOUS**

### **Denizli Ski Center is Another White Paradise of the City...**

The second largest tourism investment is the Denizli Ski Center reaching up to 2.419 m ... The natural slopes of the largest ski resort in the Western Anatolia Region provide skiing opportunities from December to April. During summer, the ski resort also hosts sport clubs and offers travelling the highland.

We are justifiably proud to offer services to our Denizli the world-famous ancient cities, travertine steps considered to be natural wonders, 5-star thermal hotels best in Turkey, highlands, sport tourism target areas, and stream waters of which create tourist flows each month of every year







## THE BEST HEALTH TOURISM ROUTE IS TURKEY

Day-to-day we are expanding our service network to ensure the provision of full-scale services to patients from abroad in our hospitals highly preferred by locals as well.

We bring a hope for successful treatment to those guests coming from Japan, Germany, Russia, England, South Korea, Libya, Azerbaijan, Iraq, Macedonia, Saudi Arabia, Somalia, Kenya, and Georgia with health problems.

### **PATIENTS FROM ABROAD FEEL AT HOME**

We resolve all kinds of issues our patients from abroad may have prior to their arriving to our hospital, and we treat them as if they were our family members.

Every employee of Tekden Hospitals makes international patients and their relatives feel at home and gives services paying due regard to the importance of the saying "Home from Home" wherefore they are striving towards. When doing this, we devote special attention to the patient-dedicated planning of treatment at acceptable prices.



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## **DESPITE OF BEING MILES AWAY YOU ARE DEAR TO OUR HEARTS**

When in Turkey, we will be with you to meet all your health needs...

- The reports of our patients are assessed by our specialist physicians before their arrival to our center and we ensure the consultation of our patients with our physician by means of the video conference system if necessary.
- Before arriving to Turkey, our patient is informed about the treatment period and costs.
- If the patient accepts the treatment and the costs, we get the appointments for necessary visa, flight, hotel, and transfer reservations and related to the hospital.
- The accommodation and the touristic tour program are arranged for the relatives of our patients if desired.
- Airport - hotel - hospital - airport transfers of our patients are carried out by our team.
- Cultural and belief values of our patient are observed. Translation service is offered in the language he/she speaks.
- If the treatment period is extended, we provide necessary transactions for extending the residence period of our patient.
- Once the treatment period is finalized, necessary reports and films related to all processes carried out in the hospital are presented to our patient in Turkish - English or Arabic. The reports are translated to the language requested by our patient if desired.
- Our patient is followed up by our team after his/her return to his/her country and the information is obtained about his/her health status; the patient is allowed to talk with the physicians if required.





## LARGE, COMFORTABLE, AND CALMING VIP ROOMS FOR THE PATIENTS

We know that the patient psychology is very important during the treatment. Therefore, our VIP ROOMS were also designed for the comfort of your paid companions and visitors besides feeling yourself better.

All kinds of fine details have been considered in our VIP rooms for offering you our patients and your relatives. All of our VIP rooms have been designed spaciouly and in a manner receiving the sunlight. You are received by our pleasant and agreeable consultants beginning from the moment of your entry into our hospital for directing you to your room.

**OUR VIP ROOMS;** offer the privileges such as luxurious personal bathroom, comfortable bed for you to sleep in healthy manner, modern design, LCD TV unit internet connection, mini refrigerator, music play, and heating system. In our VIP rooms, there is also a personal bathroom with emergency call system belonging to the patient. In our large VIP rooms designed for our patient, the comfort of the patient relatives is also taken into consideration; the services of our VIP rooms include a hide-a-bed armchair, mini refrigerator, and internet connection that are prepared again for the paid companion in the independent personal rest room with separate WC-bathroom usable by the paid companion.







## PATIENT ROOMS THAT WILL RECOVER YOUR PEACE OF MIND

Patient rooms are provided with a private bathroom and WC, equipped with a nurse-call system that offers the direct communication with a nurse, a central air conditioning system, comfortable beds that allow a patient to take any position he wants, and a wonderful scene of Denizli from the window that will get you relaxed.

The menu for the dishes served in thermos containers not to get cold are prepared under the supervision of your physician and nutrition specialist.

Indoor patients and their relatives can use Internet and enjoy TV satellite channels.







## YOU WILL FEEL MORE SPECIAL...

Our hospital built in May 2013 on the area of 15,500 square meters has the bed capacity equal to 200. The Hospital is a great beginning in Aegean region and our city health sector.

**QUALITY AND COMFORT ARE AN INTEGRAL  
PART OF TREATMENT OFFERED BY HEALTHCARE FACILITIES**





## PAPERLESS AND DIGITAL INFRASTRUCTURE

Tekden Hospital closely follows developments in a medical technology field and has an effective communication network; all patient records are stored in a Hospital information and communication system.

Image transfer systems are used within the hospital as well as for communications between hospitals. It also features the "Cerebral System" with its electronic information flow that offers the opportunity of providing treatment in a paperless mode and makes it possible to control medical records using electronic information network. All radiological images of our patients are stored using PACS system and they be displayed simultaneously in all Tekden hospitals.



# PRIVILEGED HEALTH CARE FOR EVERYONE

Every patient deserves the same attention, concern, and care. Therefore, Tekden Hospital makes feel each patient special.

An experienced team of physicians, multidisciplinary therapeutic approaches and innovative medical technologies aiming to be used simultaneously with the rest of the world

## WHEN IN DENIZLI TEKDEN HOSPITAL YOU ARE IN SAFE KEEPING...

Our patient consultants of the Guest Services Department working of the principle to make our patients and their relatives feel at home will accompany you at every stage of your staying in the Hospital.







**WE HAVE  
AGREEMENTS WITH SSI,  
PRIVATE INSURANCE COMPANIES,  
CIVIL SERVANTS, BANKS,  
AND OVERSEAS INSURANCE  
COMPANIES.**



# ✓ CHECK-UP

It is extremely important for each healthy individual to make check-up once a year. The check-up examination of healthy individuals offers information on their health status, sets up early diagnosis of diseases if any, and allow you to take a proper care about yourself and your health.



**Our recommendation to healthy individuals is to make a check-up examination once a year!**

## How long does it take to perform a check-up examination?

Within the framework of the Tekden Hospital check-up programs you will be accompanied by a patient consultant and it will take just 3 hours - from 09.00 to 12.00.

### Check-Up Packages:

- ✓ Internal Medicine Check-Up
- ✓ Neurology Check-Up
- ✓ Cardiology Check-Up





# Why should you perform a check-up examination?

Check-Up is the name for a general health examination to be performed at specific time intervals. If you have no any medical conditions, to maintain your health and detect a disease at an early stage if any, especially if you are older than 35 years, it is necessary to perform a check-up examination annually.

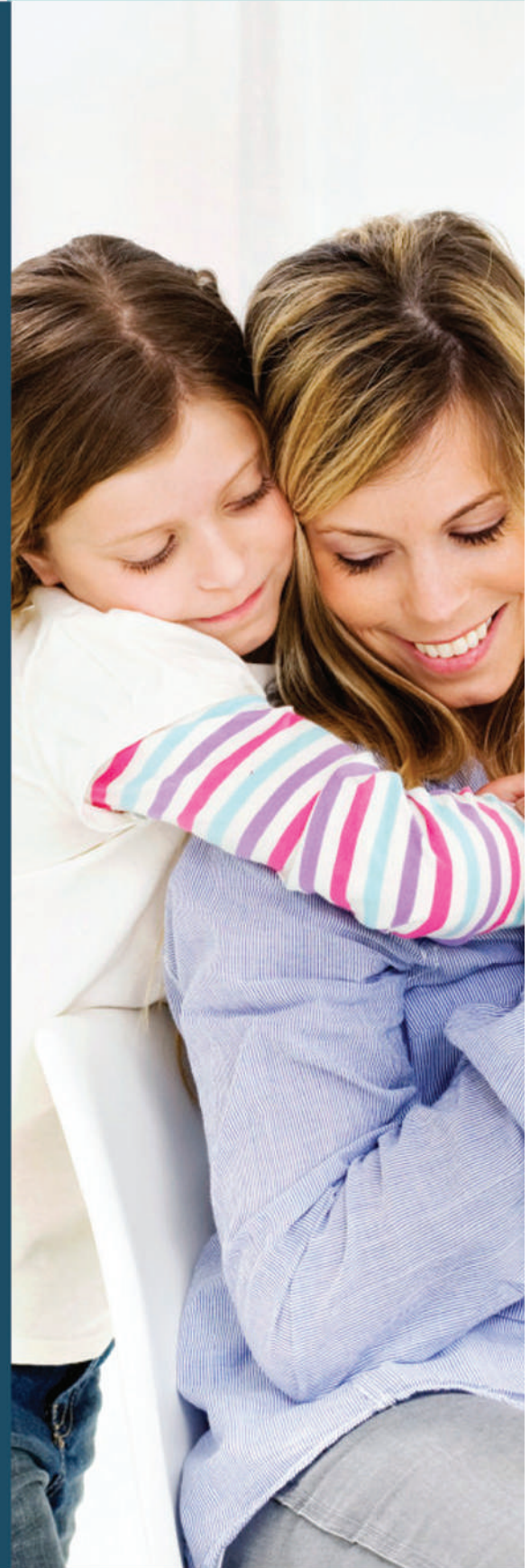


**Family check-up  
once a year**

Considering the early diagnosing of a disease that may appear later or a current risky medical condition, a check-up program is of a significant importance. Check-up programs aimed to take necessary precautions prior to the manifestation of a disease and thus to keep an individual healthy are of an immense importance in terms of the expectancy and quality of the life of an individual.

A simple blood test may identify the risk of a heart disease, and with the help of other several small tests the incipience of a more serious illness such as cancer can be noticed. For these reasons, at least once a year a general check-up examination shall be performed by specialists.

**“Take care of yourself and get a check-up examination performed”**





# BRAIN AND NERVE SURGERY (NEUROSURGERY)

Brain health is an integral part of a healthy lifestyle.

**It is of a significant importance to run your life with a healthy brain and body.**

Tekden Hospital Neurosurgery Department deals with the establishing diagnosis and treatment schedules related to the diseases of the nervous system covered by neurosurgery (brain, spinal cord, peripheral nerves, brain and spinal cord vessels, spinal nerve root impingement causing disk hernias) in indoor and outdoor patients or those brought by ambulance to the hospital emergency room.

The specialty care providers of our Neurosurgery Department offer services to all age group patients including neonatal and geriatric patients.

## DISEASES TREATED AT OUR OUT-PATIENT CLINIC:

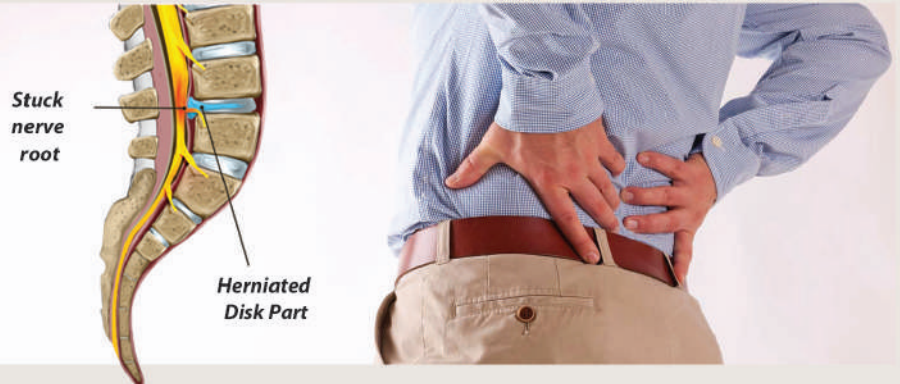
- Herniated Disc Surgeries
- Cervical Disc Herniation Surgeries
- Cervical and Lumbar Spinal Stenosis Surgeries
- Scoliosis Surgeries
- Nerve Entrapment Surgery
- Cerebral Hemorrhage Surgery
- Cerebral Herniation Surgery
- Brain Arteriovenous Malformations
- Brain Tumors
- Pituitary Adenoma
- Brain Aneurysm Surgery
- Hydrocephalus (accumulation of cerebrospinal fluid (CSF) within the brain)
- Surgical Interventions for Congenital Anomalies
- Neuralgic Conditions
- Pediatric Neurosurgery
- Epilepsy Surgery



## LOW BACK PAIN PROBLEMS AND TREATMENT METHODS

Now the most frequent health problems are low back pain and common hernia conditions. We would like to share some extracts from articles related to low back health and prepared by our specialty care providers that may be of interest to you:

**Each low back pain case is not obligatory the sign of "HERNIATED DISC"!**



- Leg power loss
- Persistent pain not gone even after treatment application
- Pins and needles sensations that create difficulty while walking
- Difficulty while walking - Pains waking you up at nights
- MR images showing ruptured hernia
- Urinary incontinence
- If the loss of sexual function occurs, surgical interventions may be needed.

## TREATMENT OF HERNIATED DISC:

**IF YOU HAVE PAIN ONLY** : Medication and rest

**IF YOU HAVE PAIN AND NUMBNESS:** : Physical therapy

**IF YOU HAVE POWER LOSS:** : Surgical interventions shall be considered to get your herniated disc treated.



# A Patient

## Story

A.K., 45-year-old /  
Agricultural  
Engineer, İZMİR

Low back pains make my life and those around me miserable; they said that a surgery intervention would make me a disabled person... On the one hand - those negative thoughts, on the other hand - my wife and my kid that got me thinking. If something goes wrong with me!

Following unexpectedly occurred disc rupture condition and my getting worse when the disc part got teared off while sneezing and moved down to the spine, I lived through a painful period and finally found myself at Tekden Hospital...

Despite of my being in misery from that pain, other physicians were sending me here and there, and only at Tekden Hospital within several minutes they set up my diagnosis and within several hours I was ready for surgery. My condition was very serious and I could not afford wasting more time. I had power loss in my right leg so every lost minute could cause irreversible consequences. I was taken into surgery at once.

I could not put weight on my right leg when entering the surgery. Despite of being afraid to remain in such a state of health forever, in 6 hours following the successful surgery I could walk. I really feel blessed that came across the Tekden Hospital and prayed much for that good fortune befallen me... The physicians are very determined and their friendly attitude towards patients holds forth a hope and make them get relaxed. After the surgery, I realized that the confident attitudes of physicians were based on professional self-reliance, knowledge, and experience. I have many healthy years ahead that I am going to walk through with my family.

### ARE PERSISTENT HEADACHES THE INDICATION OF A BRAIN TUMOR OCCURRENCE?

- Headaches
- Nausea or vomiting
- Abnormalities of hearing, vision, or speech
- Balance and walking problems
- Abnormalities of mood, personality, and ability to think straight
- Memory problems
- Muscle twitching or spasms
- Arm or leg numbness, weakness, or tingling

These indications are the most common symptoms of a brain tumor occurrence.

Those with the manifestation of these symptoms should visit a doctor as soon as possible. Only a specialty care provider can diagnose your problem and find a proper treatment scheme.

Even if you see your complaints as trivial and unimportant, consult your brain and neurosurgery specialist physician without losing any time...





# GENERAL SURGERY

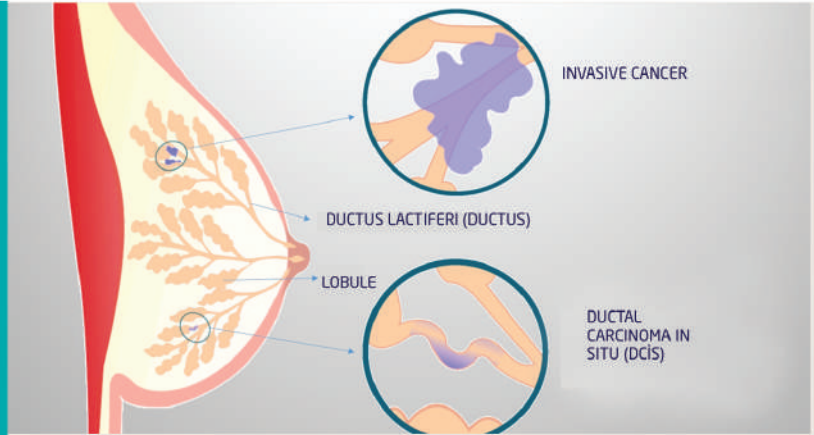
## BEGINNING TO BE HEALTHY IS GETTING TO KNOW THE DISEASE.

In our hospital, General Surgery Department services are provided by specialist and experienced doctors and other medical staff, specially equipped operating rooms and outpatient clinics with the support of technological diagnostic facilities.

The results obtained from radiological examinations (X-ray, computerized tomography, ultrasonography, mammography, MR, Doppler etc.), equipped operating rooms and intensive care units in which the patients in need are followed, have a great contribution to the successful diagnosis and treatment process of General Surgery Department.

## DISEASES TREATED IN OUR CLINIC:

- Obesity Surgery and Metabolic Surgery (Diabetes Surgery)
- Goiter, Thyroid cancers, Thyroiditis, Parathyroid diseases,
- Adrenal gland diseases
- Diagnosis, treatment and follow-up of breast diseases
- Esophagus diseases,
- Reflux disease and reflux surgery,
- Stomach diseases (stomach cancer etc.)
- Colon cancer, Hemorrhoids (Anal) Fissure, fistula, etc. inflammatory bowel diseases
- Diagnosis, treatment and follow-up of liver and biliary tract diseases
- Hernia operations
- Closed or small incision operations
- Emergency surgical diseases
- Endoscopic diagnosis, treatment and follow-up (Gastroscopy, Colonoscopy, Polypectomy etc.)
- Percutaneous Endoscopic Gastrostomy (Endoscopic feeding tube insertion)
- Stomach balloon insertion (Obesity-adiposity)

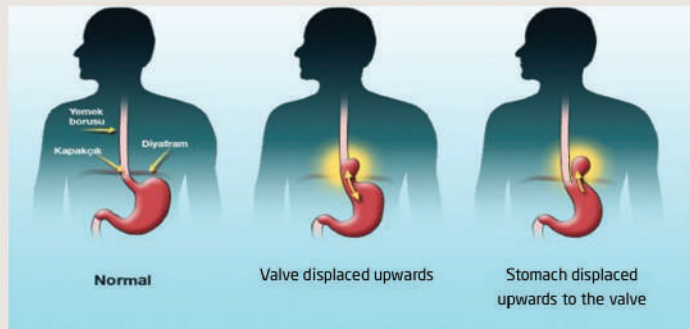


## BREAST CANCER

- Breast cancer is the most common cancer in women.
- Nearly every 8 females in our country have breast cancer during their lifetime.
- Breast cancer rates increase with age.
- For this reason, it is necessary to apply annual mammography, doctor's examination and monthly self-examination methods for the early diagnosis of breast cancer after age 40 years.
- Early detection of breast cancer with these methods will be possible. Early diagnosed breast cancer is a completely treatable disease.

## Being late for breast cancer and not having awareness is killing !!!

After lung cancer, the world's highest cancer rate is 'Breast Cancer'. For early diagnosis, be alert and be sure to do your manual examination once a month. If you are over 40 years old, do not forget to have a regular breast examination and do not forget to take a mammogram ...



## REFLUX SURGERY

Treatment of reflux for heartburn and other symptoms is done with some medicines. If there is no progress within a few weeks after starting to use the medicines, your doctor recommends different medicines including other medicines and surgery.



A man with a large belly is running on a paved road. He is wearing an orange t-shirt, black shorts, and grey sneakers with red socks. The background shows a green field, a wooden fence, and a blue sky with clouds.

## **OBESITY SURGERY AND DIABETIC SURGERY (METABOLIC SURGERY)**

SURGICAL SOLUTION FOR  
OBESITY AND DIABETES IS  
POSSIBLE IN OUR  
HOSPITAL.

### **IT SHOULD BE REMEMBERED!**

Obesity surgery is an effective method for the treatment of obesity. Diet and exercise treatment of obesity or support of these programs with drug treatments are insufficient in the permanent and satisfactory treatment of obesity. Today, the most successful obesity treatment is provided by surgical interventions ...



# GENERAL SURGERY

## IN WHICH CASES, TO WHOM DO WE RECOMMEND OBESITY SURGERY?

Obesity surgery is recommended for patients with a body mass index of 35 and over who can not lose weight by methods such as medical nutrition, exercise and medical treatment under the supervision of specialists. In addition, it is recommended for patients with diseases such as high blood pressure, diabetes, sleep apnea, whose body mass index is over 30. The appropriate type of surgery is determined as a result of various examinations.

In our hospital, using laparoscopic surgical techniques for obesity surgeons, a comfortable healing period can be presented compared to open surgery.

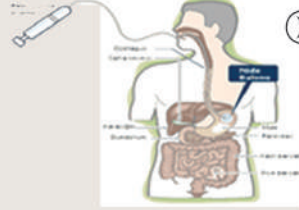
## AFTER OBESITY AND DIABETES SURGERY WE ARE CLOSE FOLLOWERS ON YOUR SIDE!

It is as important as operation itself for us to be able to control your obesity-related health problems and avoiding the risk of re-weight gain after obesity surgery

After surgery, our patients return to their daily lives in a short period of time and with follow-up of our OBESITY TEAM, they are adapting to their new diet.

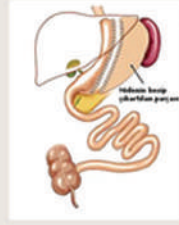


## SURGICAL METHODS:



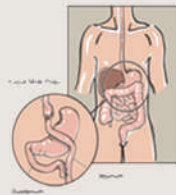
### ▶ What is the stomach balloon?

The Stomach Balloon is an increasingly popular application in recent years. The most important advantage of this method is being performed endoscopically without requiring general anesthesia.



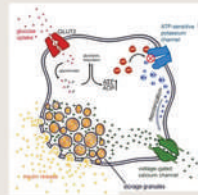
### ▶ What is Tube Stomach?

In this surgery, the big side is cut out and a stomach tube with a volume between 100-150 ml is created. In this application, weight loss occurs with 2 mechanisms



### ▶ What is Gastric Bypass?

This procedure is the most applied surgical method for obesity treatment in the world. At first, the volume of the stomach is reduced and therefore the amount of food that the patient can receive decreases. Secondly, the absorption of nutrients decreases because of the shortened path in the small intestine.



### ▶ What is Metabolism Surgery?

The aim here is not only weight loss, but also surgical treatment of Type 2 diabetes under the name "Metabolism Surgery".



# A patient

## Story

K. B. 40 years old  
Textile Company Business Owner  
Denizli

**"I do not know if you miss the face you have ..."**

I am 40 years old, when I was 40, I was 140 kilos, not 40 kilos. It was a very difficult process, more precisely, I always say: A paralyzed patient was expecting death, and it seemed that my crazy, active soul was trapped in a totally different body. I felt very desperate and I thought I could not get out of that body anymore. But there is a cure. I never thought of surgery because I was so scared. I did not even know a person who was as scared as I am. I did not even take one serum until today, but I made a decision in 5 days and applied it in 5 days. After that, we are really screaming 'enough' in our lives, after that screaming, everything in my life has begun to change. Toilet was a torture to go, the belts were never worn in the airplane, I did not fit in anywhere, I broke chairs, and now there is someone who was on the way to self-reconciliation. I do not know if you are the one who miss the face that you have, but I keep on living as a person who has regained his face again. It was a bit of a visual and spiritual journey, and while I was taking 5 diabetes drugs and 2 blood pressure drugs, I do not use anything now. I walk for 3 hours a day. I missed walking the most. So let's not be afraid. Believe me, it is easier to face reality than to face fear. Don't be afraid. Although I am afraid of being operated on, when I wake up, I say the following first: "I guess you did not perform the surgery, I have no pain." Those who had obesity surgery and those who decide to have, do not be afraid.



### SOME OF OUR PATIENTS WHOSE

### DISEASE IS CONTROLLED BY SURGICAL TREATMENT IN OUR OBESITY UNIT





# CARDIOVASCULAR SURGERY

## You trust us, we trust our experience...

Tekden Hospital, with its highly experienced staff and technological equipment especially in the field of Cardiovascular Surgery, has caught up with world standards and even set an example in this area.

### In Turkey, in our region and in our province, we break grounds.

**For example;** Generally, in By-Pass surgery, the leg is cut overall to remove the vein. For the first time in Turkey, at Tekden Hospital, the vein required for By-Pass is removed with a 2 cm incision from the patient's leg.

Apart from this, many patients over the age of 95 have undergone By-Pass surgery and successful results have been obtained. Cardiovascular Surgery is a team work to be done with experienced specialists except technological equipment. Tekden Hospitals, with heart support units in cardiac operations and the advantages of being a full service hospital in every branch, we have managed to keep the risks that may occur to a minimum.

### DISEASES TREATED IN OUR POLYCLINIC:

- Coronary bypass operations,
- Heart valve replacement and repair operations,
- Vascular aneurysms and dissection, called vascular tear operations,
- Neck vein surgery, which is associated with vascular stiffness and presents a risk of paralysis; arterial and vascular surgeries,
- Congenital heart surgery operations that require surgery
- Laser, local and open varicose surgeries are performed



## Our Experts Explain 6 GOLD RULES to Protect Your Heart Health

- 1- Be optimistic about life
- 2 - Spend quality time with your family and your neighbors
- 3- Do not forget to have your regular health checks
- 4- Prefer fresh foods instead of ready-to-eat foods
- 5- Keep your sugar and your sleeping table under control
- 6- Pay attention to your blood values





# VARICES AND NON-OPERATIVE TREATMENT METHODS

## YOU CAN GET RID OF THE VARICES WITHOUT SURGERY!

With Laser - Local - Radio Frequency - Foam and Sclerotherapy, you can get rid of your varicose veins painlessly, in a very short time.

## ALTERNATIVE TREATMENTS FOR VARICEAL THERAPY

Varicose veins are a very common health problem. Surgical treatment is possible. But, surgery makes many people worried. However, there are many treatments for varicose veins. Treatment may be considered if the patient has pain in her leg and it is cosmetically uncomfortable with the patient. According to the ultrasound result, if we are diagnosed with simple varicose veins that do not cause much illness, our patient is treated with various alternative treatments such as drug treatment, varicose vein, needle therapy, foam and laser.

In the case of varicose veins, which we consider to be more serious by assessing the ultrasound result, we perform local or general anesthesia and operate with normal surgery. On the other hand, in recent years, we have been developing laser, radiofrequency ablation radiofrequency waves in order to allow patients to walk away from the operation, to go home after 4 hours, and to be able to do daily activities.



## What are varicose veins and symptoms?

In legs, vein expansion just below the skin is called varicose veins. If you have

- Pain • Itching
  - Swelling in the ankle
  - Night cramps • Fatigue in legs
  - Ankle skin changes,
- you may have varicose problems.





# CARDIOLOGY

## It is not enough to take the last step to lose your heart. The heart asks interest from the first day ...

Despite all these developments, cardiovascular disease remains unfortunately still the number one cause of death in the world. A large part of it suddenly emerges, without giving any serious signs before. As a result, sudden deaths occur in a considerable proportion. It must be known that the early and accurate diagnosis of heart diseases, the discovery of existing occult heart diseases, are only possible with advanced technology devices. In the Cardiology Department of our hospital, we are serving with the latest products of technology in the diagnosis and treatment of congenital, rheumatic, and heart diseases due to hypertension and coronary insufficiency, accompanied by specialist cardiologists.

### DISEASES TREATED IN OUR POLYCLINIC:

- Coronary Angiography
- Coronary Balloon and Stent
- Holter
- Effort test
- ECG
- Heart Attack Risk
- Hypertension
- Acute Joint Rheumatism
- Rhythm System Disorders
- Heart and Coronary Stiffness
- Peripheral Artery and Venous Diseases
- Heart Failure
- Difficulty in breathing
- Heart Valve Diseases



### If you want to love life, you can start by loving your heart.

Make your hand fist and look at your fist using your creativity. Here's your heart, just about the size of a punch. It is only 280-300 grams in weight and a small organ. Your heart is beating in the middle of your chest! 24 hours! It's like trying to make the watch jealous; neither more nor less! If it happens a little more or a little less than it should, sometimes slowly or sometimes suddenly it gives a signal. That's when the three little words get out of our mouth and sit at the center of our lives: "Oh my heart!"



### Before you say "Oh my heart!", you have to consider your heart's health!

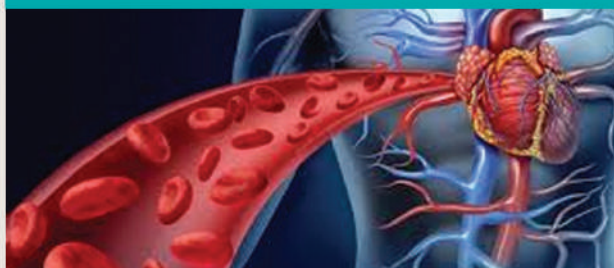
That's why we want to share important notes with you about your heart health.



# CARDIOVASCULAR DISEASES

Sometimes a small problem that occurs in heart-feeding veins or on the cardiac valves, and sometimes in an unexpected place in your heart, affects your life. Here's what you need to know about heart diseases, which is very important to have early diagnosis in terms of serious consequences...

The fine line between life and death is drawn with the beats of your Heart.

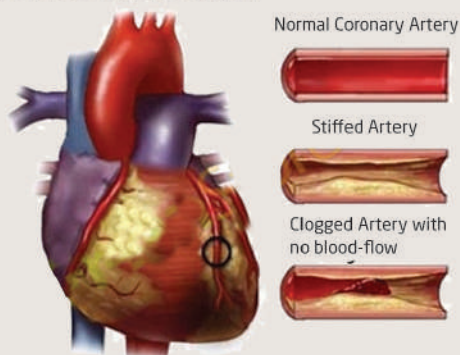


## CORONARY ARTERIES

Your heart's work depends on the blood presented by the coronary arteries. Coronary arteries can be seen as the first branches of the aorta, the largest vein that distributes blood from the heart to the body. The left coronary artery and the right coronary artery separate the smaller branches and feed the whole heart.

Cardiovascular disease manifests itself in 4 different ways.

- Sudden death
- Heart attack
- Pre-cardiac condition
- Exercise with chest pain



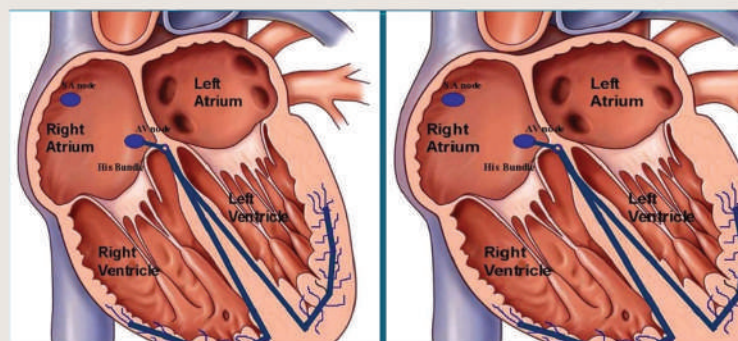
"If cardiovascular diseases are not recognized at the time and measures are not taken, there will be a period of going to a heart attack. The life style changed with early diagnosis lowers the risk of the disease "



## HEART ATTACK

### VITAL THREAT FROM PAIN ON THE CHEST

Early intervention is very important in a heart attack that begins with sudden pain and tightness in your chest. Early intervention can reduce both vital risk and heart muscle damage. Positive changes in the factors that can lead to heart diseases such as diabetes, overweight, bad nutrition and inactivity can delay the onset of the disease.



## ARRHYTHMIAS

*It is a disease that manifests itself sometimes in an extremely fast, sometimes slow beat.*

The heart is working differently in arrhythmia, seen sometimes in people with heart disease or sometimes in healthy people. Fast, slow, or pausing beats are manifested by a series of signs from palpitation to faint. Different treatment modalities developed according to different working patterns of the heart are performed in our hospital.



# EAR NOSE THROAT DISEASES

## There's a lot you'll hear from us about your health

In our Ear, Nose and Throat Polyclinic, your complaints are examined, diagnosed and treated in a convenient, accurate, short and reliable manner with modern visualization techniques. Diseases related to the nose and sinus are examined by endoscopy devices and can be monitored by the patient. In addition, vocal cord examination of patients with hoarseness or speech disorder can also be monitored endoscopically and can be monitored by the patient.



### DISEASES TREATED IN OUR POLYCLINIC:

- Tonsillar surgery (tonsillectomy) with thermal welding method
- Adenoid surgery
- Surgery of nasal obstructions
- Perforated eardrum surgery (with endoscopic method)
- Endoscopic sinus surgery
- Neck surgeries
- Snoring treatment
- Vertigo treatments
- Treatment of hearing problems



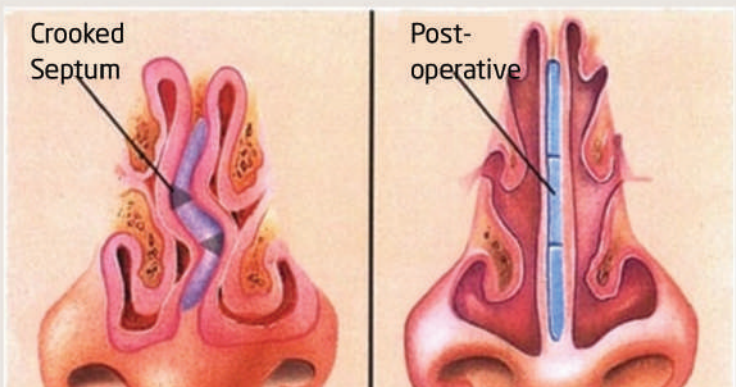
### SINUSITIS IS NOT A DISEASE TO BE UNDERESTIMATED

One of the most common health problems in the community is sinusitis.

- Reasons for occurrence
- Pain, tenderness, sensation of pressure in the forehead and cheeks,
- Odor and taste disorder
- Dental and upper jaw pain
- Complaints of increasing cough at night
- Headache
- Nasal obstruction,
- Nasal discharge,
- Fever

### "If sinusitis is not treated, it may hurt!"

Severe sinusitis infections can lead to meningitis or eye infections that can go as far as vision loss. In these cases, immediate action must be taken to prevent damage. In addition, acute rhinosinusitis can trigger asthma attacks. Especially in children, it may also cause ear infections.





# EYE DISEASES

Although the eye is the smallest of our five sense organs, it is the only window of our body that opens to the world in terms of function. The health of our eye, which is our main organ that allows us to see the world, is also very important.

In our department, which provides services with technological medical devices, eye examinations of all age groups, diagnosis of visual defects, examination for the use of glasses, diagnosis and treatment of all other eye diseases and surgical interventions are carried out by our specialist ophthalmologists.

## LASER TECHNOLOGY IN THE TREATMENT OF EYE DEFECTS AND IMPROVED METHODS WITH visible results ...

- The most important organs of our body are the eyes.
- It is very important not to be late for eye diseases!
- Do not ignore your routine eye examinations!

## DISEASES TREATED IN OUR POLYCLINIC:

- Oculoplastic Surgery
- Eye Angiography
- Routine Eye Examination
- Vitreoretinal Surgery
- Retinal Diseases - Tear Duct Surgery
- Lazy Eye Follow-up and Treatment - Glaucoma Patient Diagnosis, Treatment and Follow-up
- Newborn and Premature Baby Eye Examination
- Sutureless Cataract Surgery with Phaco Method
- Treatment of Cross Eye Diseases
- ARGON Laser Therapy For Diabetes Patients And YAG Laser After Cataract Surgery





# CHEST DISEASES

**Please consult our specialist physician before you lose time so that you can BREATHE COMFORTABLY.**

Chest Disease Departments' primary interests include diseases of the lungs and structures surrounding it. The diagnosis and treatment of our patients are provided by using the latest technological possibilities.

One of the most important points to pay attention to in the treatment of chest diseases is to follow the doctor's recommendations and continue with regular checks.



## DISEASES TREATED IN OUR POLYCLINIC:

- Asthma
- COPD (Chronic Bronchitis, Amphysema)
- Lung cancer
- Upper and Lower Respiratory Tract Infections (Bronchitis, Pneumonia, Bronchiectasis)
- Tuberculosis
- Pulmonary Disorders
- Shortness of breath
- Pulmonary Embolism (Pulmonary Thrombus)



## WITH ALLERGY TESTS, YOU CAN LEARN WHAT YOU ARE ALLERGIC TO

### "FOOD ALLERGY TEST"

When we take some nutrients, our body reacts. Our body does not accept that food and allergies arise. In such a case, allergic food should not be consumed. Continuing to consume can cause problems. In order not to encounter these problems, the food allergy needs to be diagnosed. Our Chest Diseases Department is helping you with this rarely applied food allergy test in the region.



Allergic asthma



Allergic rhinitis  
(Seasonal Allergy)



Allergic Conjunctivitis  
(Eye Allergy)

Prick Test  
(Allergy Test)

With Prick Test (Allergy Test) in Tekden Hospital your appropriate treatment is successfully performed.



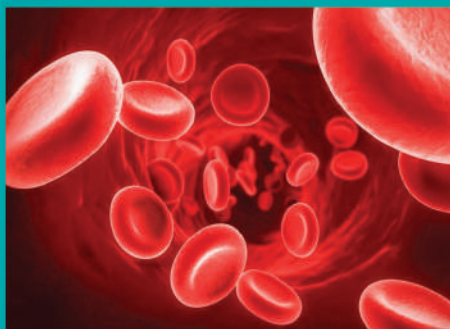


Internal medicine which is a comprehensive science discipline, is a guideline for those who suffer from health problems. Investigations are usually initiated by this clinic and disease diagnosed, depending on the condition of the patient, the patient is either treated by this unit or referred to an upper branch.



## DISEASES TREATED IN OUR POLYCLINIC:

- Diabetes
- Hypertension
- Thyroid - Goiter
- Chest Diseases
- Anemia
- Osteoporosis (Bone Thinning)
- Kidney Diseases
- Vitamin Deficiencies
- Iron Deficiencies
- Urinary System Diseases



**DIAGNOSIS AND TREATMENT OF ANEMIA ARE PERFORMED SUCCESSFULLY IN OUR HOSPITAL**



## INSULIN RESISTANCE

Insulin resistance is a major problem that leads to the development of Type 2 diabetes. Genetic susceptibility, sedentary lifestyle, unhealthy diet results in insulin resistance. Although we often see insulin resistance on the basis of genetic susceptibility, we are more likely to feel the weight of environmental factors with the adoption of a lifestyle where people have physical activity at the minimum level, an increase in the consumption of processed foods, and the desire to eat "fast food".

For this reason, our patients sometimes say, "My mother, my father was fed with natural butter, honey cream, why does it cause nothing to them?" We are faced with such questions. The thing we forget here is the old people's active lifestyle can not be ignored.

## How should the treatment of the disease be performed?

In the treatment of insulin resistance, factors that constitute the picture in the patient must be identified and recognized before everything else, under the supervision of a specialist physician. With lifestyle change and regular exercise, the calories consumed should be increased, the body fat ratio must be reduced, and healthy eating habits should be earned. Insulin resistance can be corrected by 60% with only exercise and healthy feeding. These factors can be supported by medicines that break insulin resistance in patients in need, but it should be known that medicines alone can not deal with insulin resistance.

Our Internal Medicine Department provides early diagnosis of diseases using detailed physical examination, laboratory and radiological examinations as well as endoscopic and cardiological examinations when necessary.



# CHILDREN'S HEALTH AND DISEASES



In Tekden Hospital Children's Health and Diseases Unit, inpatient treatment and follow-up procedures are performed successfully in addition to polyclinic services in relation to any kind of health problems related to childhood period (0-16 years). In the scope of our services that are maintained in terms of child health, great importance is given to the study of 'preventive medicine' so that our children do not encounter prospective health problems.

We are sure that it is one of the most beautiful things in your life; your child's step-by-step growth in health.

**WE ARE WITH YOU SO THAT  
THEY CAN TAKE HEALTHY  
STEPS FOR THE FUTURE**

## DISEASES TREATED IN OUR POLYCLINIC:

- Healthy Kids Follow-up
- Pediatric Emergency
- Inpatient Follow-up
- Newborn Intensive Care
- Neonatal Jaundice Phototherapy
- Growth and Development Follow-up
- Constipation - Nutrition
- Diarrhea - inflammatory diseases
- Obesity-Nutrition Regulation
- Inflammatory-Non Inflammatory Eclampsia
- Chronic Cough
- Diseases with Rash
- Eating disorder
- Loss of appetite - reflux
- Asthma - Vaccines
- Allergic Diseases
- Dermatitis



## ANEMIA

### Anemia in infants and children

- Negative effects on growth and development.
- It leads to retreatment at the level of intelligence according to the ages.
- Weakens mental abilities.
- Makes learning difficult, reduces school success.
- Causes more frequent illnesses.

### How to Prevent Anemia in Infants and Children?

- Anemia treatment in children should be performed by specialist physicians.
- Parents should pay particular attention to the feeding of their children. It is very important to include some foods that will help prevent anemia in their children's eating habits.
- Feed your baby only with breast milk for the first 6 months.
- From 6 months, continue breastfeeding until 2 years old, giving supplementary nutrients suitable for the month.
- Do not allow your babies or your young children to drink tea.





# NEONATAL INTENSIVE CARE

## WE EXTENDED THE WORK FOR OUR CHILDREN!

Our child polyclinic is at your disposal until 23 PM in the evening because we do take care about the health of your children, your most precious riches.

**At your service until 23 PM...**



TEKDEN HOSPITAL  
BABY FRIENDLY HOSPITAL

### 3rd STAGE/30 INCUBATORS



### IMPETUOUS BABY REQUIRES CARE

Cares and treatments of the premature and the problematic newborns are carried out by specialist podiatrists and experienced neonate nurses in coordination with a neonate specialist at Tekden Hospital Neonate Intensive Care Unit.

A healthy growth environment is aimed in our unit by providing the medical support and also allowing the families to pass time with their babies. Insulation rooms, incubators, transport incubators provided with a respiratory system, ventilators, open intervention beds, phototherapy devices, and monitors visualizing all vital functions are available in our newborn intensive care unit.

## NEONATAL INTENSIVE CARE



### A HEALTHY BABY MEANS A HEALTH FUTURE

Each mother can also continue the maintenance of her baby after the discharge from the hospital by receiving a special training from the specialists at the Neonate Intensive Care Unit.

His/her gift to his/her mother is his/her healthy growth



# CHILD HEMATOLOGY

## In our Department of Pediatric Hematology:

- Iron deficiency anemia, vitamin B12 deficiency anemia, folic acid deficiency anemia, zinc deficiency,
- Hereditary anemia (Thalassemias [Mediterranean Anemia]), Sickle Cell Anemia, G6PD Deficiency, Hereditary Spherocytosis, Fanconi Aplastic Anemia,
- Polycythemia (Excess red blood cells),
- Bleeding and clotting disorders (Idiopathic Thrombocytopenic Purpura [ITP]), (Bernard-Soulier syndrome and Glanzmann's Thrombasthenia), Hemophilias, Congenital Factor Deficiency, Von Willebrand disease,
- Vaso-occlusive diseases (thrombosis, hereditary conditions that may lead to predisposition to clotting),
- Lymph node enlargement (lymphadenopathy),
- Hepatic and splenic enlargement,
- Epstein-Barr virus (EBV) (Kissing disease),
- Vessel enlargement (hemangioma),
- Blood cancers (Acute Lymphoblastic Leukemia, Acute Myeloid Leukemia, Chronic Myeloid Leukemia),
- Blood diseases related to other systems, and those resulting from drug use.

The Department of Pediatric Hematology deals with the prevention of the progression of all the diseases which are reported above, making a diagnosis when pathogenesis is present, treatment and follow-up of the patients.

## In our Department of Pediatrics:

- Following-up the development and progression of the disease
- Nutritional disorders and lack of appetite
- Following-up of constipation, diarrhea
- Febrile and exanthematous illnesses
- Upper and lower respiratory tract infections
- Urinary tract diseases
- Asthma, allergic diseases
- Dermatologic diseases

## MEDITERRANEAN ANEMIA (BETA-THALASSEMIA) TRAIT AND DISEASE

The beta-thalassemia is a blood disease that is inherited from the mother and father to the children and is preventable. It is an important public health problem in Mediterranean countries, including Turkey. Although beta-thalassemia is preventable through the detection of carriers, genetic counseling and establishing a prenatal diagnosis, at least 365,000 thalassemia patients are born annually worldwide and undergo treatment. There are approximately 1,300,000 thalassemia carriers and 4,500 thalassemia patients in Turkey.

Beta-thalassemia is a severe disease that may shorten lifespan significantly if not treated properly and may affect the quality of life negatively. The treatment of beta-thalassemia disease is difficult and expensive, with the yearly treatment of a thalassemia patient costs approximately 10,000 USD. Accordingly, preventing thalassemia diseases before birth is of utmost importance, and preventive measures to this end are supported by the government



### What is thalassemia trait and what is thalassemia disease?

Humans have two copies of all autosomal genes, one inherited from the mother and one from the father. In the case of thalassemia, if the globin genes passed down from the mother and father are normal, the child will be normal; if one copy is mutated, the child will be a carrier; and if both are mutated, the child will have the disease.

### How is beta-thalassemia inherited?

If a beta-thalassemia carrier marries with a non carrier, each child will have a 50% possibility of carrying the disease and a 50% possibility of being normal. The disease does not occur in such normal cases, and there is nothing to fear, although children should be screened to identify whether they carry the trait. Carriers are provided with the necessary information on conceiving children in the future and are informed particularly that their children may be affected if they conceive children with another carrier. The higher the rate of carriers in a population is, the greater the chance of two carriers marrying and parenting an affected child. If two carriers conceive, each child has a 25% chance of being affected, a 50% chance of being a carrier and 25% chance of being normal. The risk of having an affected child is much higher in consanguineous marriages. Thus, it is very important that they are tested before marrying and conceiving.





#### How are we protected from beta thalassemia?

**1. Community education:** The community should be trained in beta thalassemia and be informed about the risks of consanguineous marriages.

**2. Identification of carriers:** It is very important to screen all relatives of thalassemia disease and thalassemia carrier individuals with blood tests and to evaluate the couples to be married in terms of carriage, especially in regions where the carrier is seen at a high rate.

**3. Genetic counseling:** If both partners are carriers, counseling should be given to the wives, the diagnosis should be directed to genetic diagnosis centers and the necessary examinations should be completed before pregnancy (sample mutation analysis)

**4. Prenatal diagnosis:** In case of marriage of two carriers, couples should always examine the doctor in the early period of each pregnancy (first 2 months) and have to perform the necessary tests.

**5. Nowadays,** prenatal and preimplantation (in vitro fertilization) diagnostic methods can prevent the birth of a thalassemic patient.

#### What is the beta-thalassemia carrier rate in Turkey and are there any regional differences?

Beta-thalassemia carriers account for around 2.1% of the population in our country, although this rate is much higher in some regions, where the carrier rate may be as high as 13% (13% in Antalya, 6.4% in Edirne, 6.4% in Urfa, 5.1% in Aydın, 4.6% in Antakya, 4.8% in İzmir, 4.5% in Muğla, 4.5% in İstanbul, 4% in Denizli). The Mediterranean, Aegean and Thracian regions have high carrier rates.



#### How are thalassemia carriers detected, and how is the thalassemia disease diagnosed?

**Thalassemia major (thalassemia disease):** Both the mother and father are carriers, and the two globin genes passed onto the child are mutated. Severe anemia occurs when the child reaches the age of 6 months, and diagnosis is in the first 4-12 months of life. Weakness, paleness, lack of appetite, uneasiness, abdominal swelling due to the enlargement of the liver and spleen, expansion and thinning of bones, depressed nasal bridge, prominent forehead and other facial bones, and abnormal facial appearances may occur. Patients should undergo regular treatment throughout their lives, including an erythrocyte transfusion every 3-4 weeks. In addition, drugs called chelators should be taken to remove the excess iron that accumulates in the body.

**Thalassemia minor (Thalassemia trait):** Patients with thalassemia minor are unaffected with the exception of mild anemia. Thalassemia trait is not a disease state and requires no therapy.

#### Can beta-thalassemia patients get married and have children?

Patients who receive regular blood transfusions and treatment for iron overload may conceive children. If a beta- thalassemia patient conceives with a normal non-carrier, their child will not be affected but the child will carry the disease. If a beta-thalassemia patient marries a carrier, each child will have a 50% possibility of being affected and 50% possibility of being a carrier.



# PEDIATRIC SURGERY

## Conditions diagnosed and treated in our outpatient clinics:

- Groin problems: hernia, undescended testis, hydrocele (fluid-filled sac), varicocele
- Newborn circumcision and normal circumcision
- Appendicitis
- Severe injuries and burns that require surgery (e.g. liver, splenic, bowel injuries)
- Foreign body (e.g. ingestion, insertion)
- Constipation and rectal diseases (e.g. fissure, bleeding, polyp, hemorrhoid)
- Umbilical hernia and congenital abdominal wall defects
- Recurrent urinary tract infections
- Recurrent abdominal pain
- Congenital anomalies in infants (respiratory, gastrointestinal, excretory, urogenital system)
- Hemangioma (red moles) and other skin lesions
- Diagnosis and surgical treatment of space-occupying childhood tumors in the abdomen and chest, port and catheter insertion
- Endoscopic procedures



## MEASURES TO REDUCE ALLERGY RISKS IN CHILDREN

Allergic diseases, which that are considered among the illnesses of our age, affect the quality of life of children as much as they affect adults. What precautions should be taken?

- Feed your baby with breastmilk for as long as it is possible; start with supplementary or solid food as late as possible to reduce risk if there is a family history of allergies.
- Never smoke or allow others to smoke inside your house or in a room that your baby uses regardless of whether or not the baby is in the room at the time.
- Take care to keep your house free of dirt and dust and avoid dampness and mold in babies' rooms.
- There is not any danger when you keep a pet at home until your baby is born. However, having pets in your home may affect your child's health if he/she develops an allergic reaction after birth.

We recommend you asking for advice from a specialist doctor if you encounter anything unusual regarding your baby.







**WHEN IS NEWBORN CIRCUMCISION PERFORMED?**

- Normally in the first one month of life, preferably in the first week.

**WHEN IS CIRCUMCISION PERFORMED IN PREMATURE BABIES?**


- Circumcision can be performed immediately before discharge, or within the first one to two weeks after discharge.



**WHAT ARE THE ADVANTAGES OF NEWBORN CIRCUMCISION?**

- There is no need for general anesthesia (the baby is not put into sleep, regional anesthesia suffices)
- There is no need for circumcision preparation (such as the baby does not have to be fasting)
- Wound healing is very fast (1-2 days)
- There is no need for pain killers, etc. after circumcision
- Adverse effects, such as bleeding, after circumcision and wound infection are very rare
- Prevents urinary tract infections that may occur in childhood
- Psychological trauma that may occur after childhood circumcision does not occur after newborn circumcision
- Home care is simple and easy after circumcision



- 
- A pregnant woman with long dark hair, wearing a wide-brimmed pink hat and a blue sleeveless dress, is shown in profile. She is holding a large bouquet of white daisies and pink peonies. The background is a soft, out-of-focus green field. A purple, torn-edge graphic contains a list of pregnancy services.
- ♥ Painless birth (epidural)
  - ♥ Cesarean
  - ♥ Normal birth
  - ♥ Pregnancy follow-up with 4-dimensional ultrasonography



# GYNECOLOGY AND OBSTETRICS

Gynecology and Obstetrics Department of our Hospital applies successfully general health control, consultation, birth, and emergency interventions including adolescent, fertility age, menopause, and post-menopausal period, as well as all gynecologic open and laparoscopic (closed) surgical interventions.

Pathological surveys required to be made after hormonal examinations, biochemical tests, mammographic and ultrasonographic examinations, bone densitometer measurements, and surgical interventions deemed necessary by the specialists at all ages and especially in menopause patients can be carried out within the structure of our hospital.

## HEALTHY WOMEN MEAN HEALTH SOCIETY.

"A health woman" is special and beautiful at all ages.

### DISEASES TREATED AT OUR POLYCLINIC:

- Menstruation Disorders
- Menstruation Pains
- Urinary Incontinence
- Ectopic Pregnancy
- Contraceptive methods
- Scanning tests
- Pregnancy follow-up
- Gynecological diseases related laparoscopic and hysteroscopic operations
- Genital organ, aesthetic prolapsus
- Sexually transmitted diseases
- Myoma and cyst operations
- Genetic anomaly scanning (with advanced USG)



### WITH CLOSED HYSTERECTOMY (LAPAROSCOPIC HYSTERECTOMY)

### **NO MORE HYSTERECTOMY FEAR!**

"Pain" and "large scars" are the primary reasons of your avoidance from "the hysterectomies". Your related anxiety lingers with the laparoscopic method applied by our Obstetrics Specialists in our hospital.

### **AS IF NEVER UNDERGONE A SURGICAL OPERATION!**

Scar is not formed in the operations carried out from the umbilicus and cosmetically best result is obtained with laparoscopic surgery technology.

#### **In this method;**

- Surgical dominance is better since intra-abdominal organs are magnified and observed.
- Inflammation risk and post-operational cohesiveness possibility is lower since the abdomen is not opened.
- No operational scars and abdominal hernias since the abdominal wall is not cut.
- Post-operational pain is very limited since the abdominal wall is not cut.
- The patient returns to the everyday live in a very short period of time. Average return to work varies from 1 week to 15 days.

For being able to use the Laparoscopic Hysterectomy technique, it is required to get support from both the experience and the technological devices.



# PHYSIOTHERAPY AND REHABILITATION

## WE BRING YOUR LOST PHYSICAL POWER AT THE MOST POSSIBLE FUNCTIONAL LEVEL.

Physiotherapy and Rehabilitation Unit of Tekfen Hospital aims at bringing the patient to the most possible functional level by using the physiotherapy, the exercise, the training, and other treatment techniques in case of articulation, muscle, bone, and spine diseases, neurological diseases, seizure, rheumatic diseases and soft tissue diseases, nerve injuries, and loss or reduction in the body functions necessary for the person to continue the daily life as a result of a disease or an accident.

A strong team therapy underlies certainly the successful functioning of your physiotherapy process. Physiotherapy specialists, physiotherapists, hydrotherapists, and other assistant staffs offer you effective solutions in the treatment of your movement disorders, the elimination of your pains, or the acquisition of new functions.

## DISEASES TREATED AT OUR POLYCLINIC:

- Waist, Neck, and Back Pains
- Knee, Hip, Shoulder, and Foot Pains
- Calcinosis
- Restriction in Articulation Movements
- Muscle and Tendon Pains
- Nerve Compression
- Post-Fracture and Dislocation Rehabilitation
- Sport Injuries
- Osteoporosis (Bone Loss)
- Facial Palsy
- Treatment of Paralysis developed as a result of an atherosclerosis occurred in the brain veins





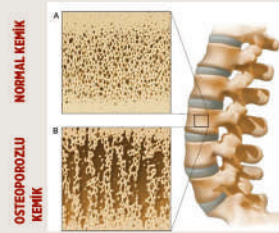
# DO NOT LET IT BREAK AWAY!

# OSTEOPOROZ

More than half of the women over 50 years old face with the osteoporosis. Take your precaution against the osteoporosis with the bone density measurement.

Your bone density is measured with the Bone Densitometer at our Physiotherapy Unit.

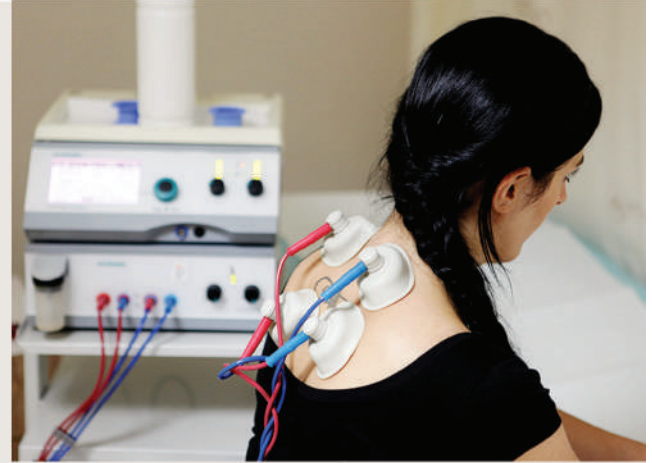
The osteoporosis, one of the events most affecting the women after the menopause, is the increase in the fracture risk with the thinning of the bone as a result of the loss of calcium content of the bones.



## Cases for which the Bone Mineral density test is recommended:

- Women with high risk in terms of pre-menopause period
- Women undergoing menopause surgically
- Women in menopause
- Those using the drugs causing the bone loss such as steroid drugs
- Those with osteoporosis story in the family, those with spinal fracture
- The patients with a femoral fracture in themselves or their mothers
- Those with Type 1 diabetes, liver and kidney disease
- Those with a height loss of more than 2.5 cm
- Serious hyperthyroid patients
- Hyperthyroid patients
- Patients exposed to the fracture with a mild trauma
- Those with low testosterone level
- Those obliged to remain motionless for a period of more than 1 month
- Those with a story of rheumatoid arthritis and ankylosing spondylitis since more than 5 years (while starting the treatment of cortisone or methotrexate and during the treatment once a year)
- Those with Bone loss (osteoporosis) or spinal fracture suspicion observed in the X-ray film
- Those eating with poor calcium
- In cases of fracture formation in small shocks or traumas
- Those with reduction determined in the bone density in the X-ray film
- Those consuming excessive alcohol, cigarettes, and coffee should have "a bone density measurement" done definitely.

Bone mineral density tests are extremely easy, rapid, and painless. They do not almost require any preparation. You may eat your everyday normal meal in the day you will have the test done. However, you should not take a calcium supplement beginning from 24 hours before the test.





# NEUROLOGY

Outpatient and inpatient diagnosis, treatment, and follow-up services of a wide range of neurological diseases are offered in Neurology Departments of TEKDEN Hospitals Group. If required, the studies are carried out in close coordination with Medical Imaging and Brain, Spinal Cord, and Nerve Surgery Departments of our hospitals. The examinations such as EEG, EMG, BT, MR, and DOPPLER-SONOGRAPHY are applied to our patients and the obtained results contribute in the follow-up and the treatments of our patients. In serious cases endangering the patient life such as coma, progressive palsy, and frequently repeating seizures, the follow-up and the treatment of our patients are continued in our intensive care units.



## DISEASES TREATED AT OUR POLYCLINIC:

- Alzheimer
- Head ache
- Dizziness (Vertigo)
- Epilepsy
- Dementia
- Forgetfulness
- Parkinson
- Post paralysis disorders
- Numbness in hands and feet
- Sleep Diseases
- Migraine
- Epilepsy
- Birth paralyzes
- Multiple sclerosis (MS)



## MIGRAINE:

**"Migraine is like a burglar coming back continually. At each arrival, it steals your money, time, and pleasure from your business and private life."**

Migraine maybe is not a dangerous disease threatening the life but a disease reducing your life quality. It is a type of throbbing headache occurring as attacks, settling in a single part of the head. The attacks may vary from 4 hours to 72 hours. During these attacks, the complaints such as nausea, vomiting, disturbance from normal light and noise may be observed besides the headache. The analgesics are useless for you to protect from your migraine attacks. It is useful for you to consider the recommendations of our neurologist!



## In general terms, to be protected from the migraine:

- Alcohol and cigarettes should be avoided,
- Foods triggering the attacks should be avoided,
- Sufficient amount of water should be consumed daily (2 -2.5 liters)
- Light but regular exercise should be done,
- Attention should be paid to regular and sufficient sleep (7-8 hours),





# WE DO NOT FORGET EVEN IF YOU FORGET IT!

## EVERY SINGLE DYSMNESIA IS NOT ALZHEIMER.

Definitive treatment of the Alzheimer disease is not available. Namely, the disease cannot be eliminated completely with the treatment made. First of all, it should be known that the early diagnosis is very important in the treatment of this disease.

### Do not forget!

With the treatment made, the progress of the disease is slowed and the symptoms of the disease are reduced. The objective is to increase the life quality of the patient.

### What are the indications of the Alzheimer disease?

- Dismnesia affecting the daily life
- Planning and calculation difficulties
- Delay in works and home duties that are carried out without problem
- Confusion experienced related to the time and the places
- Difficulty in the perception of the images
- Decline in the speaking and the comprehension
- Placing the belongings to places different from ordinary places and forgetting and accusing the close relatives with losing or theft
- Difficulty in judging and deciding
- Withdrawal from social activities
- Personality and behavior changes
- Exaggerated sexual tendencies
- Not enjoying from anything

If you or one of your beloved ones show any of these indications, apply to a doctor specialist in the Neurology field immediately for a correct evaluation and diagnosis.

**Dismnesia observed in the elderliness  
DO NOT CONSIDER IT NORMAL!**

**Is the dismnnesia connected with the elderliness?  
Is it connected with the Alzheimer disease?  
SHOULD IT BE DISTINGUISHED?**





# ENDOCRINOLOGY AND METABOLISM

Endocrinology Unit of Tekden Hospital offer an effective, reliable, and quality service with its specialist staff to protect the health of our patients, to examine, investigate, diagnose, and treat the diseases by technological devices.

The cause of the health problems such as diabetes, thyroid, fatness, and hypertension, etc. may be hormonal. It may be useful for you to consult with the endocrinology specialist. The diseases encountered by the endocrinology specialists frequently are the diabetes and the thyroid disorders.

Additionally, the following diseases constitute the primary fields of interest according to the systems:

## DISEASES TREATED AT OUR POLYCLINIC:

- Diabetes (Type 1, Type 2, and Pregnancy Diabetes)
- Goiter and other thyroid gland diseases
- Metabolic disorders
- Extra or low production of the hormones
- Menopause
- Osteoporosis (Bone Loss)
- Hypertension
- Fat metabolism related diseases
- Infertility
- Decline in the growth and the development
- Gland diseases
- Obesity (fatness)
- Hirsutism and menstruation disorders
- High cholesterol and triglyceride
- Insulin resistance



## YOU SHOULD COPE WITH THE DANGER OF LIFE LONG LASTING DIABETES...

*The diabetes requires a regular doctor control..*

Make the regular exercise a part of your life together with correct treatment, suitable nourishment, and diet habit.

Live a healthy life with diabetes without reducing your life quality.

Dr. İbrahim Özdeş indicating that heart, kidney, and eye diseases may also be developed in the patients with diabetes but not treated or delaying the treatment: Those you will do for your Diabetes disease are in fact the things required to be made by each human being wanting to be healthy and giving importance to his/her health.





# A Patient

## Story

M.S 18 years old/  
Student

Hello...!

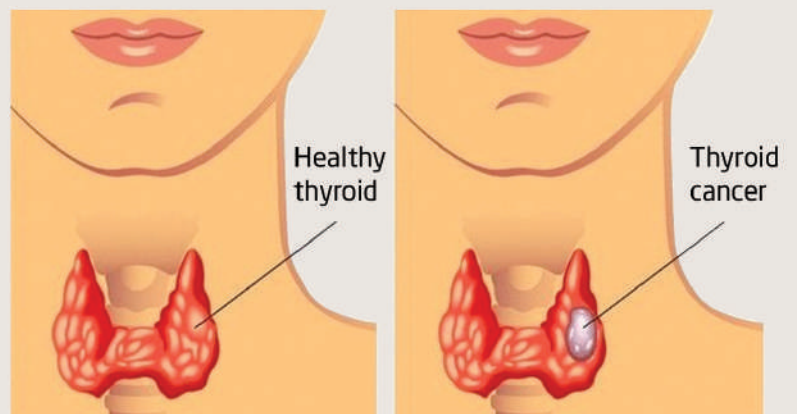
I am 18 years old and a diabetes patient since 4 years. I will enter my 5th year in my illness 10 days later. We went to the Endocrinology Department of Tekden Hospital together with my mother because I have urinated frequently. After the analyses made, Type 1 diabetes diagnosed. I scared a bit when i heard this first, because I would be hospitalized for the first time and after that date, I would measure and inject insulin every day. We made my illness amusing thanks to my doctor and my nurse older sisters. I was receiving training about the health nutrition and the diabetes from the nurses every day. The first days were very difficult for me because one nurse was measuring my insulin and the other my blood... But all has passed and now I am living a happy life. Once every 3 months, I go to, am examined, have my blood taken by my doctor, and then go to home... My teacher was talking about the diabetes in the lessons since I am ill. My friends had previously thought that I have a contagious disease. Later, my guidance counselor in my school entered our lesson and told that the diabetes is not contagious and can be treated with a number of medicines and by changing the nutritional habits. Thus, the point of view of my school friends to me and my illness has started to change positively. Now I am a person at peace with myself, my friends, and my environment.



### THYROID

Non or low function of the thyroid gland may cause the formation certain thyroid diseases. Thyroid cancer story must be inquired in the family of the patients with thyroid nodule.

Hyperthyroidism may manifest itself with weight loss despite the appetite increase, nervousness, early fatigue, excessive sweating, heat intolerance, palpitation, diarrhea or frequent defecation, muscle weakness, menstruation disorder, and eye indications.



#### What does weight loss despite eating indicate?!

Its answer may be GOITER...

#### What if it is not treated?

Toxic Goiter is an extremely serious disease. If the treatment is delayed, the disorders such as cardiac rhythmic disorder, cardiac dilatation, cardiac insufficiency, and hypertension occur especially in the cardiovascular system. Sudden deaths may be observed in the patients as a result of thyroid crisis.



# GASTROENTEROLOGY

Diagnosis and treatment of esophageal, stomach, small and large intestines, liver and bile tract diseases related to the digestive system are successfully solved at our Gastroenterology Unit.

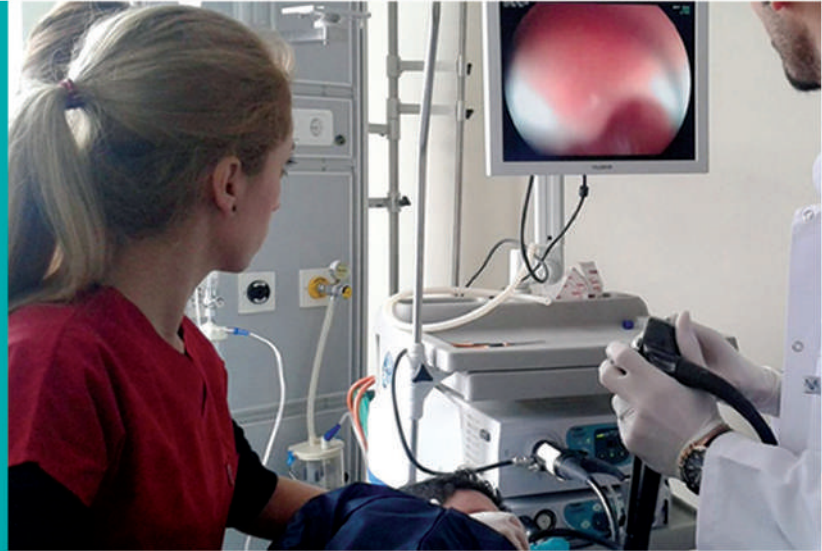
For this purpose, the examination of upper and lower digestive system is ensured by Endoscopy and Colonoscopy.

**The comfort of the patient is privileged with the endoscopy performed, accompanied by anesthesia.**

"The word 'endoscopy' pronounced by the physician after the examination in the polyclinic creates fear and anxiety on the face of the patient. It is almost impossible not to acknowledge the patients to be right in this stage. Because the endoscopy is a process really difficult to withstand; it is certainly not easy to swallow the endoscopy hose of 70-80 cm since most of us retch even while brushing the teeth. Most of the patients avoid from it although the endoscopy is proposed to them solely for not experiencing this difficulty and do not undergo the process. However, we are trying to avoid the patients from experiencing these difficult moments.

## DISEASES TREATED AT OUR POLYCLINIC:

- Constipation
- Diarrhea
- Vomiting
- Nausea
- Abdominal pain
- Irritable intestinal syndrome
- Retrosternal burning sensation (Burning sensation in the middle of the chest)
- Acidic reflux (Bitter water upstream into the mouth)
- Gall bladder pain
- Coughs of dry irritation occurring especially in the lying position in the night



## AM I REFLUX PATIENT?

The reflux disease known as the return of the stomach acid into the esophagus is a disease whose precaution is taken and treatment is possible after the diagnosis.

If not treated, it may cause asthma, aphonia, and swallowing difficulty.

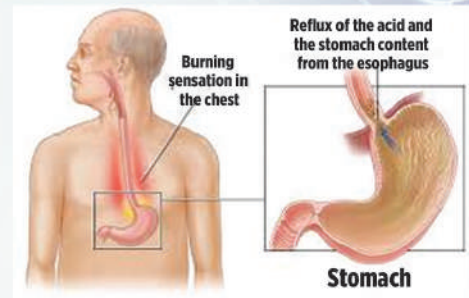
### TYPICAL INDICATIONS:

- Burning behind the chest bone in the chest
- Bitter sour liquid upstream into the mouth
- Belching, bloating
- Return of the food residues into the mouth
- Swallowing difficulty, stuck sensation in the pharynx

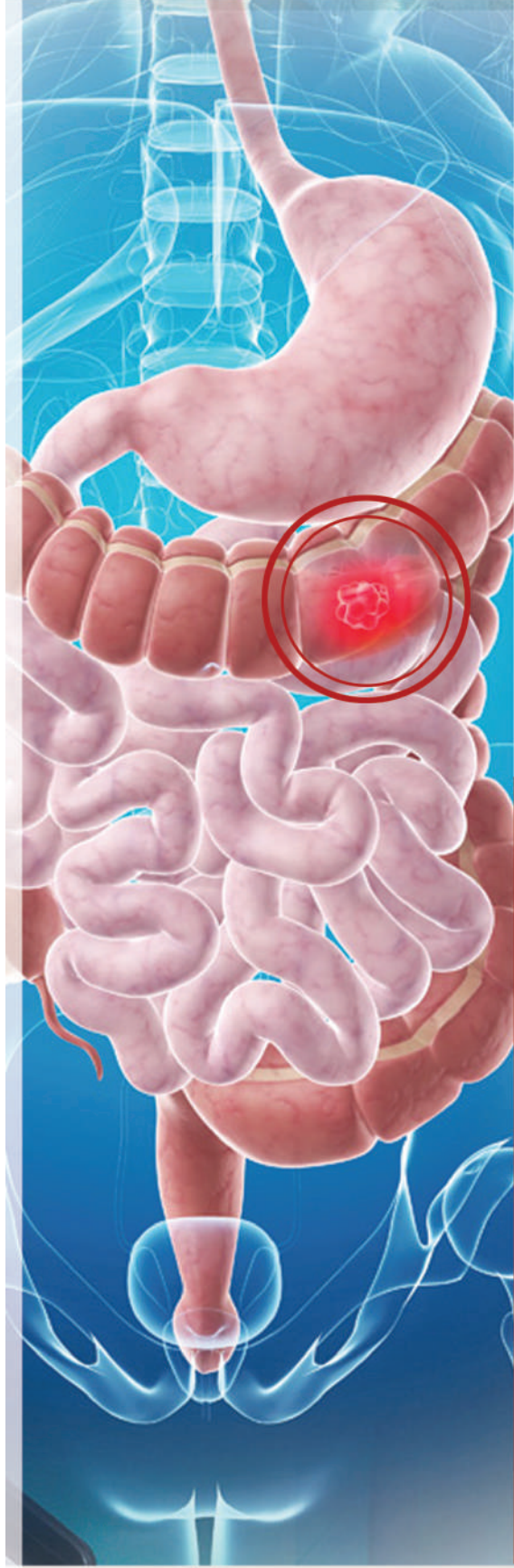
### ATYPICAL INDICATIONS:

- Aphonia
- Irritating cough
- Oral malodor
- Palpitation, cardiac compression sensation
- Dyspnea, respiration insufficiency sensation
- Asthma
- Tooth cavity
- Continual pharynx irritation
- Hiccup

*Lifestyle change (diet, weight loss, bed head elevation, etc.) and medicine treatment are applied in onset, short term, and mild reflux disorder.*







ç kakan seri vuruşlarla kovuğu an  
endimi onun ritmine kaptırmış halde b  
Camekan seranın kırığından sızan huz  
gölgesini tezgaha düşürüyor, tabi  
sunusu içimi yakan serzenişleri b  
er vuruşta o izbe mekan serze  
uyumak için, cılız

# Perception required.

**ENDOSCOPIC PROCESSES SAVE LIFE for early  
diagnosis in stomach and intestinal cancers.**

Endoscopic examinations allow the early diagnosis of the diseases  
and are indolent and painless and also used for treatment purposes.

ENDOSCOPY IS VERY EASY ANYMORE!  
ANESTHETIC ENDOSCOPY is performed in  
our hospital.



# ORTHOPEDICS AND TRAUMATOLOGY

Our Department offer comprehensive services that are developed and diversified day by day by keeping pace with rapid development experienced in its own sector. The service is offered to all age groups through the professionalism of specialist doctors and health care team by using all possibilities of the modern medicine. Our Orthopedics Department deals with the diagnosis and the treatment of all kinds of diseases and the soft tissue traumas likely to develop after the trauma in our muscle and skeleton system.

## DISEASES TREATED IN OUR POLYCLINIC:

- Sports traumatology
- Closed articulation surgery  
*Knee articulation, meniscus, crosslink, shoulder and ankle closed surgery.*

- Femoral fracture operation
- Arthroplasty surgery (Joint prostheses)
- Height extension and leg inequalities
- Child orthopedics and traumatology
- Hand surgery and microsurgery
- Shoulder and elbow surgery
- Foot and ankle surgery



Foot toe bunion    Apparent hollow foot deformity in both feet

Foot and Ankle Problems are successfully treated at our Hospital.





# A Patient

## Story

PA, 30 years old /  
Academician,  
Afyon

**They said "he cannot walk" after the accident!**

Tekden Hospital has been my greatest chance after my family; I live in Afyon and had a serious traffic accident in September last year.

At the end of two days, namely after having recovered from death, thanks to the cold-headedness of my father, we learned that one of the hospitals having the best doctors of Turkey is located in Denizli and we came from Afyon to Denizli.

Even though I do not remember, I can imagine those days to the extent explained by my family; my doctor doing his work properly had made a long speech to make my family feel better and explained them the situation thoroughly between the operations.

According to me, this is nothing to do with the profession of a doctor, this is a very different thing. The Hospital makes you feel as if you are a member of its family, besides giving importance to the human being.

It would be insufficient no matter how much I pray, how much I thank to Tekden Hospital and my doctor; the doctors in Afyon had told my family that they cannot recover the fractures, that is to say I cannot walk. If I am not confined to the wheelchair at the age of 30, I owe this to my God first, and then to TEKDEN.

### SPORTIVE TRAUMATOLOGY

The sport is an occupation increasing the organic resistance of the body, developing the physiological capacity of the systems, and protecting and maintaining this capacity. However, insufficient preparation before starting doing sports also accompanies the injuries. The knee joint is in the first place with 32.9% among the zones exposed to the sportive trauma. Most injuries during the sports, followed by the knee joint, are observed in ankle, hip and inguinal region, shoulder joint, foot thigh region, spinal elbow bone, hand wrist, and hand. Immediate diagnosis and treatment of all sportive injuries are carried out in our Orthopedics and Traumatology Department.

The duty of our orthopedists in the sportive injuries is to diagnose early and apply a special treatment to sportive branch specific injury types or pressure damages. The success in the treatment depends on the team cooperation between the doctor, the physiotherapists, the trainer, and the sportsman.

### HAND SURGERY AND MICROSURGERY

The vessels and the nerves whose diameter is less than 1 mm can be operated by using the needles and the threads hardly visible with bare eye, thanks to the "microsurgery" technique applied by our specialist doctors of the Orthopedics Department. Thus, the organs broken off such as hand, arm, and leg can be re-attached and sensation and re-movement of the re-attached organ can be ensured by repairing very thin nerve fibers.

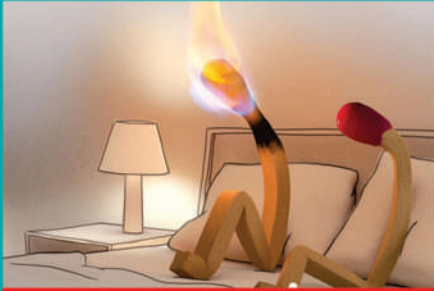
Your problems such as acute soft tissue traumas (vessel, tendon and nerve cuts, skin and muscle tissue losses occurred as a result of crushing and compression, and amputations), hand and hand wrist pains, trigger finger, nerve compressions, tennis player elbow, and ganglion cysts are evaluated, diagnosed, and treated in the best manner.



# UROLOGICAL DISEASES

## FLEXIBLE URETEROSCOPY, A NEW METHOD IN THE LITHOTOMY, IS AVAILABLE IN OUR HOSPITAL...

Our clinic having the staffs experienced for all examination and treatment processes belonging to the Urology Department carries out all closed operations (endoscopic) more widely applied recently principally in prostate surgery and calculus diseases.



DO NOT GET LOST IN UROLOGIC PROBLEMS

## DISEASES TREATED IN OUR POLYCLINIC:

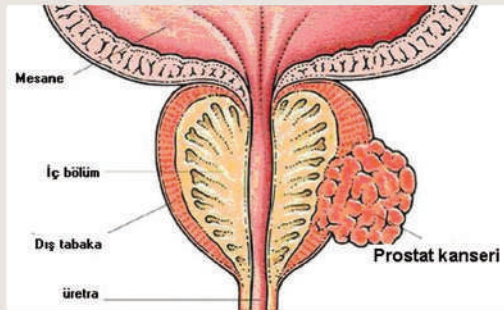
- Laparoscopic urologic operations
- Prostate diseases
- Prostate cancer scanning and treatment
- Laser calculus surgery (without cut) with flexible ureteroscope
- Percutaneous calculus surgery (Closed system kidney calculus removal)
- Bladder cancer, kidney cancer treatments
- Bladder prolapsus
- Cystoscopy (Urethra endoscopy)
- Bladder operations
- Urinary incontinence problems in the women
- Infertility treatment
- Sexual dysfunctions (Impotency, premature ejaculation)
- Treatment of sexually transmitted diseases
- Child urology operations
- Surgical circumcision



## RENAL CALCULUS

### What are the advantages of flexible ureteroscopic calculus treatment?

- ▶ Its biggest advantage is its high success. (90-96)
- ▶ Since the entrance into the kidney is through natural ways, there are no incisional scars in the body differently from the methods such as percutaneous and open surgery.
- ▶ In the studies carried out, it is determined that it didn't cause tissue loss or functional loss in the kidney.
- ▶ It doesn't cause bleeding. Therefore, its applicability to those with bleeding tendency and those using anti-coagulant provides a large advantage to the flexible ureteroscopy.
- ▶ The patients may be discharged in the same day or the next day and small particles that will lay the grounds for the calculus formation do not remain.
- ▶ It can be applied in the patients with congenital kidney anomaly such as pelvic and horseshoe kidney.



DO NOT SAY "I'M GROWING OLDER, THAT'S NORMAL"

## PROSTATE

Prostate cancer indications are the indications such as frequent urination in night, reduction in urine flow rate, sensation of incomplete discharge of the urinary bladder, and urine incontinence sensation as if he doesn't hurry. The complaints occurring with the prostate enlargement should be determined by the urologists and it should be diagnosed whether the enlargement is benign or a Prostate Cancer.



# DERMATOLOGY / SKIN AND VENEREAL DISEASES

Dermatologic examination, follow up, and treatments are carried out through the modern technological methods used by our experienced team in the Dermatology Department of our Hospital. Also, advanced medical and dermatologic surgical interventions can be carried out. The subjects such as skin cancers, fungus, and acne treatment and follow up, allergic eczemas, and spot follow up are the specialty fields of our Department.

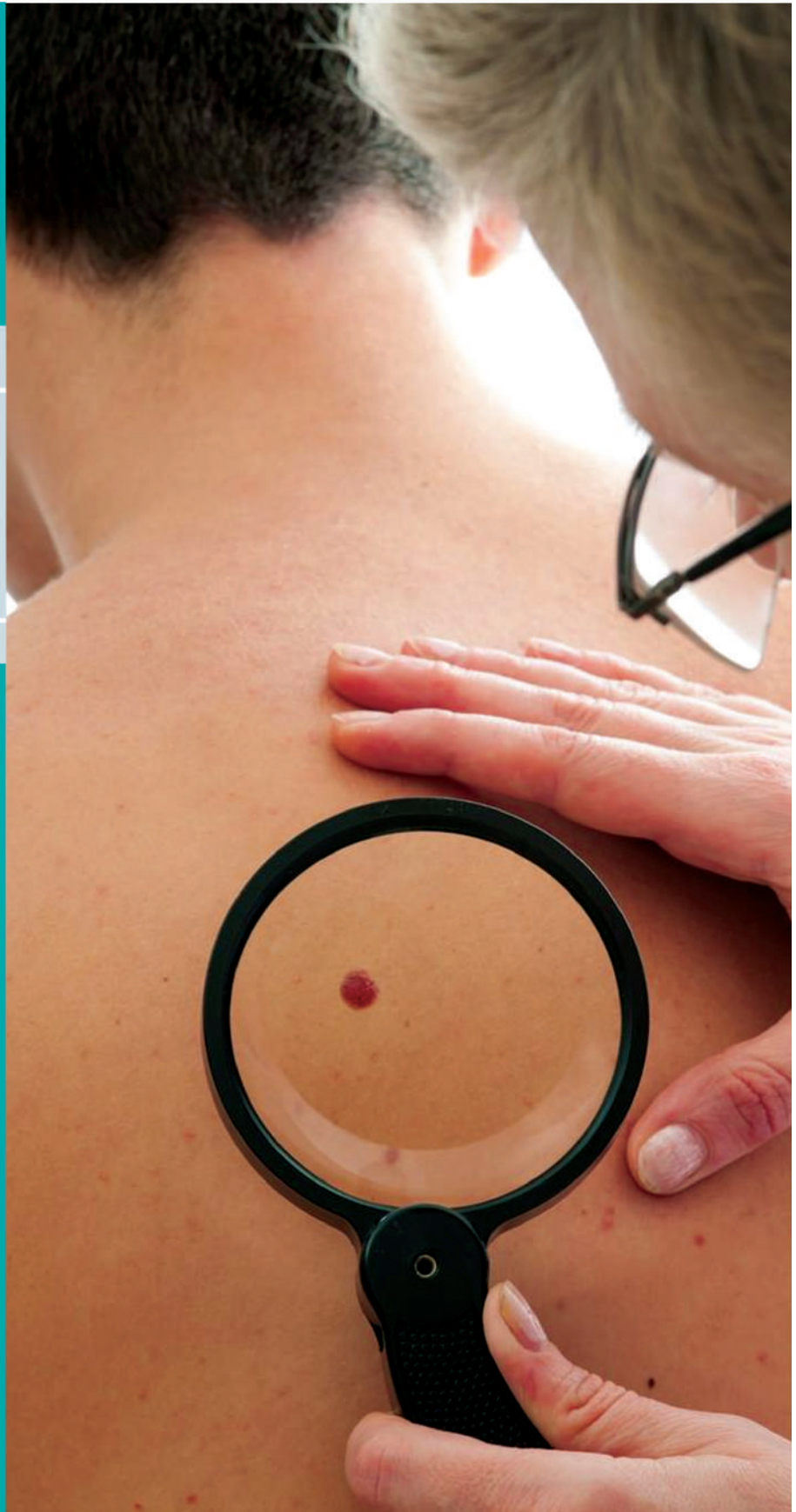


## DIAGNOSTIC METHODS WE APPLIED FOR SKIN DISEASES

- BIOPSY
- CRIOTHERAPY
- INTRALESIONAL INJECTIONS APPLICATION
- MICROSCOPIC FUNGUS EXAMINATION

## DISEASES TREATED IN OUR POLYCLINIC:

- Acne
- Skin Spots
- Wrinkles
- Fungus Infections
- Eczemas
- Atopical Dermatitis
- Hair Loss of Man-Woman Type
- Nail Diseases
- Psoriasis
- Urticaria (Hives)
- Medicine Reactions
- Sun Burnings
- Insect Bite Reactions
- Warts
- Skin Cancer





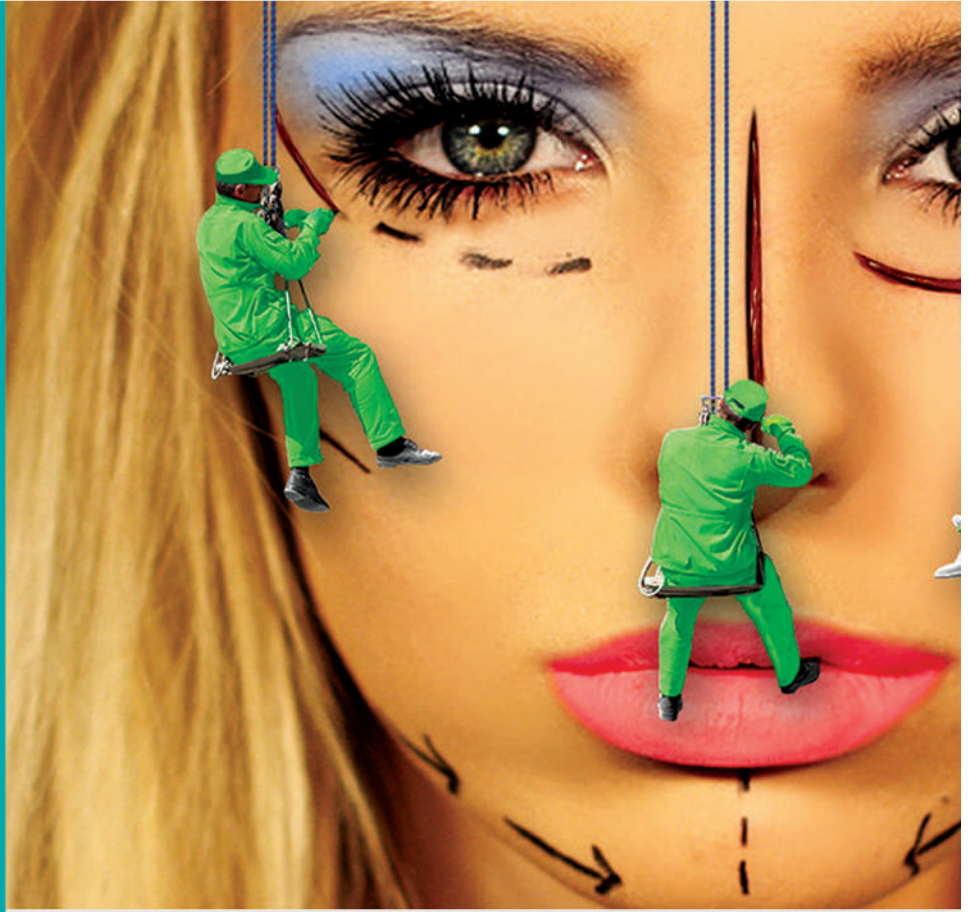
# PLASTIC AND AESTHETIC SURGERY

## HEALTHY BEAUTY WITH AESTHETIC TOUCHES

Our Plastic Reconstructive and Aesthetic Surgery Department carries out surgical and non-surgical aesthetic applications with the latest possibilities offered by the technology for the elimination of natal or subsequently acquired anomalies, deformities and dysfunctions and the correction of the body image.

### DISEASES TREATED AT OUR POLYCLINIC:

- Aesthetic surgery interventions
- Non-surgical aesthetic interventions (Botox, PRP, Filling)
- Elimination of tissue deficiencies occurred after the trauma and the operation'
- Treatment of skin tumors and skin lesions
- Scar treatment
- Maxillofacial surgery and facial fractures treatment
- Diabetic foot and wound care
- Burning and post-burning scar treatment
- Hand surgery and microsurgery
- Treatment of natal anomalies



## NO MATTER IF IT IS SMALL OR LARGE!

### THE OPERATION MAKING THE WOMEN HAPPIEST: MAMMOPLASTY

Mammoplasty operations are the most important ones of the aesthetic operations making the women happiest. All aesthetical problems in the breasts such as breast augmentation, breast reduction, and breast lifting or reconstruction can be eliminated easily by today's techniques.

*For example, the breast augmentation is performed on the women with low natural breast tissue and small breasts.*

Breast reduction ensures the ablation of excessive tissues and carrying the tits up. Mastopexy steepens the deformed and droopy breasts. However, the reconstruction of the breast is applied in cases such as breast ablation in the treatment of the breast cancer.



# LASER AND AESTHETIC CENTER



Our center finds healthy solutions for aesthetic related many problems of the gentlemen and the ladies with its doctor specialized in Plastic and Aesthetic Surgery field.

*Entrust yourself to the specialist staff that has succeeded in the operations successful one from another and the latest medical technology in the Plastic and Reconstructive Surgery Department of Tekden Hospital for reconciling with the mirrors and transforming into the person that you want to be.*



## MIDDAY BEAUTY BREAK

It is possible anymore to make an aesthetic application in a short period of time without undergoing a surgical operation for the gentleman and the ladies addicted to their beauties but scared of the operation as well.

More simple and practical applications that can be carried out without affecting the daily life negatively and not requiring an operational and healing period

## SUCH AS BOTOX, FILLER, AND PRP

non-surgical processes are the most efficacious for you to obtain both natural and immediate result under the control of our specialist doctors.

### SKIN REJUVENATION:

- Dermalroller, dermapen
- Radiofrequency
- Chemical peeling
- Skin care and jetpeel
- PRP
- Mesotherapy
- Botox and filler applications
- Spider web aesthetic

### EPILATION:

- Candela Gentle Lase Pro Alexandrite
- Needle Epilation





# NUTRITION AND DIET

## IDEAL BODY WEIGHT AND DESIRED LIFE QUALITY WITH THE PERSONAL PROGRAM

Being healthy is the most important gift offered by the life to us. Maintenance of your ideal body weight throughout your life may keep you away from many diseases.

### For our Patients applied to the Nutrition and Diet Polyclinic of our Hospital;

- Nutritional habits
- Sickness story
- Lifestyle
- Biochemical findings and related information are obtained and fat, muscle, and water mass measurements are performed with the body analysis device.

A personal diet program is prepared by our dieticians in line with all these data. Weekly measurements of our patients are followed up and the diet programs are reviewed together with the patient in these follow ups.

### OUR PERSONAL DIET PLANS:

- Pre-/post- obesity surgery and metabolic surgery diet program
- Diet plans for diabetic, cardiovascular, and hypertension patients,
- Weight gain programs for the persons complaining from excessive weakness,
- Diet programs for stomach and intestine patients,
- Diet programs for the children in the growth and development period,
- Diet programs for the mothers in the gestational or nursing process.



*Eat in sufficient  
and balanced  
manner,  
live healthily  
and happily*



# ANESTHESIA AND RE-ANIMATION

## – CAN YOU COUNTDOWN FROM 10? – 10, 9, 8, 7...

Anesthesia means the insensitivity, the numbness as word meaning. General anesthesia ensures the suppression of the temporary unconsciousness and the reflexes without changing the life functions besides the safe performance of the surgical intervention by also ensuring the muscle relaxation.

In our Hospital, the anesthesia doctors prepares daily operation work lists by considering the qualities and the operation periods of the cases according to the operation lists to be given one day in advance. They carry out the examinations and the consultations necessary for making the patients ready for the operation and constitute the information and the file of these patients.

### DISEASES TREATED AT OUR POLYCLINIC:

- Pain treatment
- Difficult air way applications
- Peripheral and central nerve blocks
- All anesthetic and analgesic applications specific to the sections and the patient

---

*Adolescent General Intensive Care Unit offer services as multidisciplinary in the management of Anesthesia and Reanimation team.*

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# EMERGENCY SERVICE

*In our emergency service department serving with multidisciplinary approach, our physicians in other specialty fields arrive to our emergency service in a very short period of time if required.*

Tekden Hospital Emergency Service serves 7 days 24 hours with its physicians and medical care staffs competent in emergency cases. The patients evaluated by our emergency service physicians are directed to and treated by our doctors on standby if required.

In the emergency service of our hospital offering emergency laboratory services 24 hours, all imaging diagnosis methods (X-ray, CT, MRG, USG) can be carried out with the support of the radiologist.

Keeping biochemical, microbiology, and radiology units open 24 hours provides important conveniences in the examination of the emergency patients.





# LABORATORY

## SUCCESSFUL TREATMENT BEGINS WITH SAFE LABORATORY DATA

Laboratory data are important for the success of the treatment and also one of the keystones of the medical developments.

Private Denizli Tekden Hospital has constituted a rapid and reliable keystone in its laboratory systems by applying its meticulousness and care taken for its other units also to its laboratory department.

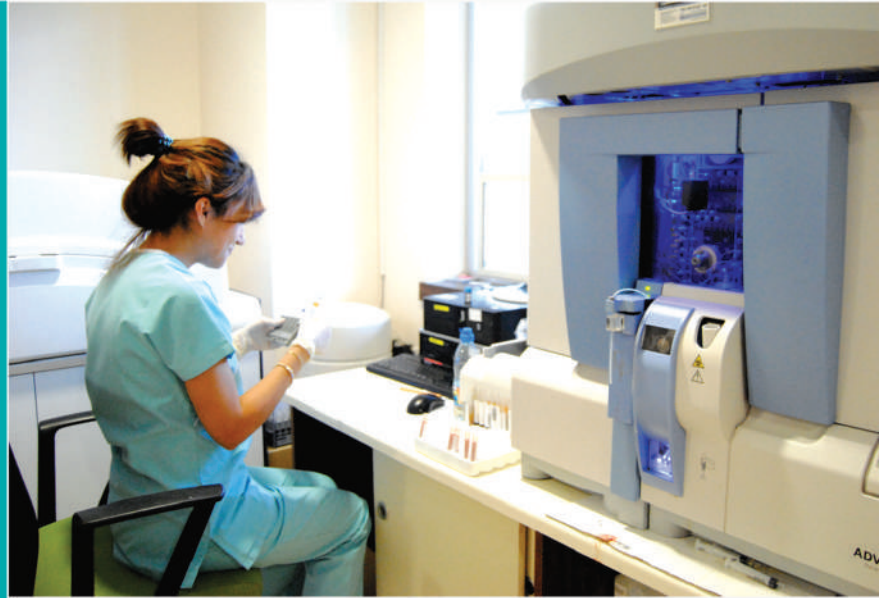
- **BIOCHEMICAL LABORATORY**
- **MICROBIOLOGY LABORATORY**

## BY USING OUR ONLINE LABORATORY SYSTEM,

you can view your results over the internet...



[www.tekdenhastaneleri.com](http://www.tekdenhastaneleri.com)





# RADIOLOGY

Tekden Hospital Radiology Department is equipped with modern devices required by today's conditions for offering you necessary imaging examinations in correct, complete, and rapid diagnosis process.



## COMPUTERIZED TOMOGRAPHY - MAGNETIC RESONANCE (MR)

More complex examinations such as scoliosis graphy orthoencephalometry and cephalometry are carried out besides routine X-ray examinations intended for our lung, head, spine, and organs.



**THE COMPETENCE IS REQUIRED  
FOR BEING ABLE TO SEE THE  
ENTIRE PICTURE, THE  
PATIENCE FOR DEALING WITH  
EACH DETAIL, AND THE  
EXPERIENCE FOR KNOWING  
THE SUCCESS IS IN THE  
DETAILS.**



## OPERATING ROOM



### MAMMOGRAPHY EXAMINATION

The mammography is a special soft tissue imaging method using the X-ray and developed in order to be able to distinguish between the intramammary tissues. It is the primary scanning and diagnostic test of the breast cancer where the early diagnosis is very important.



### ULTRASONOGRAPHY AND COLOR DOPPLER

The role and the contribution of the ultrasonography in the diagnosis increases day by day with its high resolution prop technology and computer software used in the image processing phase. It is a reproducible method offering quite extensive possibilities in the soft tissue imaging including the imaging of the fetus in the uterus.

*Planned and emergency all surgical operations can be carried out 7 days 24 hours at our hospital having 7 fully equipped operating rooms.*

Central sterilization unit, preop (preparation to the anesthesia and the operation) and postop organization (post-anesthesia organization) units, and ventilation systems are available.

Anesthetic devices available in limited number in our country ensure that the patient is exposed to lesser anesthesia by making an anesthetic effect at minimum level.



hizmetinizdeyiz...



## SPONSORSHIP / SOCIAL RESPONSIBILITY



We had been the main sponsor of Denizspor regarded as the apple of Denizli's eye, in the season of 2013 - 2014.



We had been the service sponsor of Human Resources and Employment Fair of Denizli.



We had been the health care sponsor to "Iddia Rakipbul League" that is the biggest astoturf league of Turkey with its teams more than 15 thousand.



We had been sponsor to the cigarette and alcohol addiction activity of Denizli Branch Office of the Green Crescent.



We had carried out sponsorship to Agricultural and Stock Raising Fair that is one of the biggest fairs of Turkey in terms of the number of participants.



We are offering sponsorship service to the members and the activities of the association as the consultant hospital of the Association of Alzheimer of Denizli.



We had been sponsor to the cinema movie of Golden Cock that is a classical film of Denizli in which the artists of Yeşilçam such as Ayşen Gruda, Selda Alkor, and Halit Akçatepe played.





For drawing attention to the importance of the early diagnosis in the cancer, we started 3 years ago a social responsibility project called as "Remedy in Early Diagnosis". With this project, our people in the region and our province are informed by our physicians. In the scope our consciousness trainings, we have attained more than 70 thousand people in 3 years and more than 50 persons among the participants of the trainings were diagnosed with early cancer. We made them happy with the early intervention.



We didn't forget the toddlers and offered them milk on the World Milk Day celebrated In order to encourage the consumption of the milk that is a very important nutritional source in terms of human health.



We had our name written as the health care sponsor to the activity "RUNAFTER" organized in cooperation with Merkezefendi Municipality, Hummel, Teras Park Shopping Center, Pamukkale University Sports Center, and Hacı Şerif and with the participation of Pascal Nouma.



We made ill children and their families happy on the occasion of 23 April National Sovereignty and Children's Day. We gave a clown surprise to inpatient and outpatient child patients coming to the service for examination by our hospital management. The clowns cheered the toddlers up by painting on the faces of the children and playing games with them.



We had discussions with Regional Directorate of Forest of Denizli for our "TEKDEN MEMORIAL FOREST" project we started with the motto "Don't Lose Your Green, Don't Lose Your Life". Sapling planting will be started if a suitable location to be useful for our region is allocated.



# DENİZLİ TEKDEN HOSPITAL IN THE PRESS

**SABAH**

PAZARTESİ, 14 MART 2016 13

## TEKDEN'DEN "METABOLİK CERRAHİ SEMPOZYUMU"

Özel Denizli Tekden Hastanesi, Denizli'de ilk kez düzenlenen Metabolik Cerrahi Sempozyumu'na ev sahipliği yaptı.

Tıp dünyasında hızla değişen metabolik hastalıkların tedavisi için yapılan araştırmaların sonucunda, obezite ve hipertansiyonun kronik hastalıkların başlıca sebepleri olduğu ortaya çıktı. Bu hastalıkların tedavisi için yapılan araştırmaların sonucunda, obezite ve hipertansiyonun kronik hastalıkların başlıca sebepleri olduğu ortaya çıktı. Bu hastalıkların tedavisi için yapılan araştırmaların sonucunda, obezite ve hipertansiyonun kronik hastalıkların başlıca sebepleri olduğu ortaya çıktı.



Özel Denizli Tekden Hastanesi'nde düzenlenen Metabolik Cerrahi Sempozyumu'na katılan uzmanlar.

**Deha 20**

## YENİ MERCEDES-BENZ E-SERİSİ HASTALYA'DA SATIŞA SUNULUYOR

Sınırlı bir akisi satılmak üzere tamamlanan Yeni Mercedes-Benz E-Serisi, Hastalya Otomotiv'de satışta.

## 8 AYDIR ÇEKTİĞİ BÖBREK AĞRILARINDAN KURTULDU

Denizli'de 61 yaşındaki ev hanımı Akile Dağstan, 7-8 aydır böbrek ağrısı çekiyordu. Denizli'de bulunan birçok hastaneye muayene olan ancak durumu riskli bulunduğu için ameliyat edilemeyen Akile Dağstan, böbrek ağrılarını Tekden Hastanesi'nde kurtuldu.



Denizli'de 61 yaşındaki ev hanımı Akile Dağstan, 7-8 aydır böbrek ağrısı çekiyordu. Denizli'de bulunan birçok hastaneye muayene olan ancak durumu riskli bulunduğu için ameliyat edilemeyen Akile Dağstan, böbrek ağrılarını Tekden Hastanesi'nde kurtuldu.

## DOKUZUNCU GEBELİKTE MUTLU SON

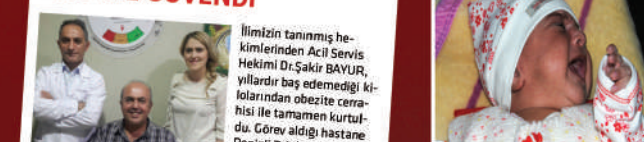
Muğla'nın Bodrum İlçesi'nde yaşayan ve hipertansiyon ve sistemik lupus hastası 32 yaşındaki Elif Yıldız, 8 defa gebelik denemesi gerçekleştirdi. Yıldız'ın 9'uncu gebelik denemesi ise, Denizli Tekden Hastanesi'nde 26 haftalık 800 gr olarak gerçekleşti.



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## DENİZLİ'NİN TANINMIŞ HEKİMİ DR.ŞAKİR BAYUR TEKDEN OBEZİTE CERRAHİSİ EKİBİNE GÜVENDİ

İlimizin tanınmış hekimlerinden Acil Servis Hekimi Dr.Şakir BAYUR, yıllardır baş edemediği kilolarından obezite cerrahisi ile tamamen kurtuldu. Görev aldığı hastane Denizli Tekden Hastanesi ile kilolarından kurtulan Dr.Şakir BAYUR, "kendimi yeniden doğmuş gibi hissediyorum" dedi.



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## 'SAĞLIKTA BAZI BRANŞLARDA KONTROL ÖZEL HASTANELERE GEÇTİ'

Denizli Özel Tekden Hastanesi Başhekim Uzm. Dr. Yusuf Polat, hasta mahremiyeti gerektiren kadın doğum gibi branşlarda kontrolün özel hastanelere geçtiğini söyledi.



Denizli'de geçmiş yıllara oranla özel sektörün tercih edilen hasta sayısında ciddi artış kaydeden Başhekim Polat, "Özellikle son bir yıl içinde hem müayenehaneleri kapatıp onun yerine özel hastanelerin almasının ardından bazı branşlarda kontrol, tamamen özel sektörün eline geçmiş durumda.

## DENİZLİ 'ÇARE ERKEN TANIDA' PROJESİ İÇİN ELELE VERDİ

Özel Denizli Tekden Hastanesi'ne Ekim Ayı Meme Kanseri Bilinlendirmesi ve Farkındalık Ayı dolayısıyla başlatılan 'Çare Erken Tanıda' Projesi için Denizli'de düzenlenen ve stajyer merkezinde ele verildi.



Özel Denizli Tekden Hastanesi'ne Ekim Ayı Meme Kanseri Bilinlendirmesi ve Farkındalık Ayı dolayısıyla başlatılan 'Çare Erken Tanıda' Projesi için Denizli'de düzenlenen ve stajyer merkezinde ele verildi.

## TEKDEN'DE YİNE BİR İLK

Denizli'de ilk kez gerçekleştirilen Thermal Wading sistemi ile banyo yaptıran hasta, Denizli Tekden Hastanesi'nde tedavi edildi.



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## BOĞAZINDAN 4 SANTİMLİK DEMİR ÇIKTI

Denizli'de 45 yaşındaki hasta, boğazından 4 santimlik demir çıkartıldı. Operasyon başarılı oldu.



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## TEKDEN ORTOPEDİ BÖLÜMÜ BAŞARILARA DOYMUYOR

Verdikleri hizmetle EGE Bölgesi'nin en tanınmış ortopedi uzmanları Op.Dr.Necip ÖZATEŞ ve Op.Dr.F. Cüneyt AYDOĞAN başarılı operasyonlara imza atarak yüzleri güldürüyor.



**denizli** haber ajansı

**TEKDEN** HOSPITALS

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# DENİZLİ TEKDEN HOSPITAL IN THE PRESS

## OLAY

4 CUMARTESİ, 20 ŞUBAT 2014

### TÜZDEV DENİZLİ'DE TANITILDI

Faaliyetlerine Denizli'de de devam edecek olan bu ilkerin yer ünlü zenginliklerini gün yüzüne çıkaran ve lider şahsiyetleri Tekden, Denizli protokolü, iş dünyası ve eğitim sektörünün önemli isimleri ile bir araya geldi.

Denizli'de düzenlenen toplantıda, TÜZDEV'in Denizli'de de faaliyetlerine devam edeceğini duyurdu. TÜZDEV Genel Başkanı Dr. Kemal Tekden, Denizli protokolü, iş dünyası ve eğitim sektörünün önemli isimleri ile bir araya geldi. Dr. Kemal Tekden, Denizli'de de faaliyetlerine devam edeceğini duyurdu.

**DEHA'DA BELİ MİHİRLENDİ**  
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**ÇAMELİ KURMAYLARI ANK**  
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**ÖZEL Denizli Tekden Hastanesi**  
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**ÖĞRETMENLERİMİZE NE KADAR TEŞEKKÜR ETSEK AZDIR**  
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**Zirveye Tekden Hastanesi damga vurdu**  
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**Yeni Şafak**  
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### TEKDEN'DEN BİR SOSYAL SORUMLULUK PROJESİ DAHA

Başlangıçta katılan öğrenciler sosyal sorumluluk projelerine imza attılar. Denizli Tekden Hastanesi, Denizli'de eğitim öğretim yapan okullardaki öğrencilerle bir araya gelerek, doğru ve etik davranışlar konusunda bilgilendirme yaptı.



### Tekden çocukların yüzünü güldürdü

Denizli Özel Tekden Hastanesi "Bir Oyuncak Bin Güllücek" başlattığı kampanya kapsamında hastane de oluşturulan oyuncak toplama kutusundaki oyuncakları Çamlık Özel Eğitim Mesleki Eğitim Merkezi öğrencilerine ulaştırdı.

### TEKDEN HASTANESİ 15 YILDIR BÜYÜMEYE DEVAM EDİYOR

Denizli'nin ilk özel konforundaki hastanesi konumundaki olan Özel Denizli Tekden Hastanesi, 15. doğum gününü kutluyor. Hastane, 15 yıldır büyümeye devam ediyor.



2 ay önce gelen bebekler sağlığına kavuştu



### İkizler yaşama tutundu

ÖZEL Denizli Tekden Hastanesi'ni 2 ay önce helikopter ambulans ile Bodrum-Milas'tan sevk edilen ikizler Miraç ve Meriç Bebekler yeşil ışıkla ünitesinde geçirdikleri zorlu süreçten sonra sağlıklı şekilde taburcu edildi.



### ÖZEL Denizli Tekden Hastanesi

Denizli Özel Tekden Hastanesi, 15. doğum gününü kutluyor. Hastane, 15 yıldır büyümeye devam ediyor.



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### Zirveye Tekden Hastanesi damga vurdu

Denizli Özel Tekden Hastanesi, 15. doğum gününü kutluyor. Hastane, 15 yıldır büyümeye devam ediyor.

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# WHAT DID THEY SAY ABOUT OUR HOSPITAL?



**Osman Zolan** /The Mayor of Metropolitan Municipality of Denizli

"Denizli, the city of the MOSTs..."

Our Denizli, one of the greenest, the cleanest, the most environmentally friendly, the most exporter, and the leader cities in the tourism, making progress towards better and more beautiful with its target to be a city distinguished in the world. Since our first day of taking office, we have changed and will continue to change the appearance of our city with the service epics we made in each field.

We will continue to work for making our Denizli much more beautiful with the investments in many fields from the transportation to the infrastructure, from park and green area arrangements to the sports fields, from youth and cultural centers to the social life, from the energy to the environment and the health. Public and private sector cooperation is a must in this way we have set our minds on for making our Denizli a more prosperous and habitable city. Tekden Group active in various fields, principally the health, also continues to contribute in our people and economy as one of the leader service institutions of our Denizli. On this occasion, I would like to wish success to Tekden Family in its works...



**Muhammet SUBAŞIOĞLU**

The Major of Merkezefendi

First of all, I would like to say that I am extremely proud and happy of being the Major of a distinguished district such as Merkezefendi. We have achieved important works in a limited period of time as the family of Merkezefendi Municipality. We see that the appearance of our district has been changed noticeably once we look at the past in this way we set off in the year 2014 with the principle of health, happiness, and fraternity. We continue to maintain the name of our district at the top levels with our social and structural project network. We have made and continue to make investment in many fields from the infrastructure to the environmental arrangements, from the parks to the bazaars, from the cultural centers to the sports complexes, and from the education to the health.

Our Denizli and especially our Merkezefendi is at the top positions in the health sector when compared to neighboring provinces. Important public and private hospitals of our city are located within the borders of our district. Our citizens that cannot find the health service or the remedy to their diseases they are looking for in neighbor provinces get examined at the hospitals in our district. At this point, I would like to thank and wish success to Tekden Denizli Hospital, one of the health institutions distinguished in our district, for the value it added to our district.



# THANKS DENIZLI...



## Hüseyin Gürlesin /The Major of Pamukkale Municipality

Denizli makes progresses also in the health sector as is the case in each subject. Tekden Hospital is also one of our hospitals continuing to grow in line with its investment strategy determined by investigating the health requirements of our people... We would like to wish continuity and success to the entire Tekden Family in their studies carried out for the health.



## Kazım Arslan / Deputy of Denizli of Republican People's Party

I see and hear that the health services of Denizli Tekden Hospital make progress each passing day. In the light of the information I follow both from various patient visits and the public opinion, Tekden Hospital continues its existence within the frame of qualified service so that our people recover their healths. I would like to wish success to the Hospital management and all of its employees and wish to come together in many healthy and beautiful days.



## Birsen ÇELİK /The Major of Bozkurt Municipality

"The patient" is a deprived person. Therefore, it is very important that the patients feel themselves in a sincere and reliable place. Tekden Hospital is also one of our institutions privileging the patient satisfaction. It is one of the leader hospitals in the health sector of our province with its up-to-date and technological infrastructure in the medical science. Therefore, I would like to congratulate TEKDEN family for their successes...



## Ahmet İbanoğlu /Provincial Director of Youth Services and Sports of Denizli

Tekden Hospital is one of the hospitals from which we seek help for years in our Denizli. I am filled with exceptional admiration to its staffs adding us energy with their warmth at our each arrival... I would like to thank to Tekden Hospital and wish the continuation of its successes due to safe health service it offers...



# WHAT DID THEY SAY ABOUT OUR HOSPITAL?



## Süleyman Kocasert /

President of Exporters Union of Denizli Süleyman Kocasert

Tekden Hospital that started its activities in Denizli in the year 2008 and have become a trademark in the health sector has made self-sacrificing works in the past periods. At the same time, it offers the qualified health service to the people of Denizli by using the advanced technology. I would like to congratulate Tekden Hospital for its successful studies and wish success in its activities.



## İsmail BİLTEKİN / President of Denizli Branch Office of the Association of Independent Industrialists and Businessmen

TEKDEN Hospital, a member of Denizli Branch Office of the Association of Independent Industrialists and Businessmen serves with its state-of-the-art technology devices, new and modern building, and physician staffs specialized in their fields in our province, even in our region and offers a five star service to our members of the Association of Independent Industrialists and Businessmen and the people of the region. We are proud of the fact that TEKDEN Hospital is under the umbrella of the Association of Independent Industrialists and Businessmen. I would like to congratulate TEKDEN Hospital and wish the continuation of its successes on behalf the family of the Association of Independent Industrialists and Businessmen.



## Lawyer Bilsen Özen / President of Women's Assembly of the City Council

The women... The most precious assets of the society... We have made lots of efforts and accomplished many projects to bring their life standards to a better degree. And do you know what's the most pleasant? To conduce to the happiness of our women. Here we came across with Tekden Hospital exactly at this point. We trained our women by raising the social health awareness and succeeded in this with the physicians of Tekden Hospital, each of whom is more conscious than the other. It is seen that it is possible to conduct the hospital business not only with commercial dimension but also social sensitivity.

I witnessed the politeness shown by each of our physicians leaving their works, maybe their most important operations at the hospital to make many of our women coming from the villages and the cities conscious even a little bit. Tekden Hospital is in the heart of many women anymore and of course in our hearts too...



# THANKS DENIZLI...



**Gazi Murat Şen** / President of the Association of Touristic Hotel Keepers and Managers

Tekden Hospital is an important health investment of our Denizli that is an important locomotive of Turkey, rapidly developing, and in the eyes of the world with its touristic values except for the textile and the industry. Tekden Hospital that has become a center of attraction of the patients coming from abroad will support our studies also in terms of "the health tourism" that is the state policy. I would like to congratulate the entire hospital management for adding a gigantic hospital designed in such a nice manner and providing the hotel comfort in Denizli and wish the continuation of their success.



**Süleyman Gedik** / President of Denizli Branch Office of the Association of All Industrialists and Businessmen

Private Denizli Tekden Hospital, one of the important health institutions of Denizli, is a hospital bringing the smart and digital hospital term in Denizli with its qualified physician staff and modern devices. Tekden Hospital we benefited from its health services for years has proven once again its support given to the sports and the sportsman since it supported Denizlispor regarded as the apple of our city's eye in its difficult periods materially-spiritually. I would like to wish success to the entire Tekden family.



**İsa Dal** / Vice President of the Union of Exporters of Denizli

Tekden Hospital, one of the leader hospitals of Denizli, offers rather successful services with its specialist doctors, pleasant staffs and Administrative Board staffs. I wish and believe in the progressive continuation of the interest and the concern shown by the entire staff, I wish the continuation of their successful studies also in the next periods.



**İbrahim Uzunoğlu** / Vice President of the Union of Exporters of Denizli

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# WHAT DID THEY SAY ABOUT OUR HOSPITAL?



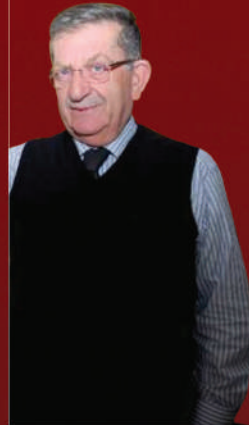
**Halise Akar** / Pamukkale District Woman's Branch Head of Justice and Development Party

Our Woman's Branch of the Justice and Development Party makes efforts for being able to give guidance to our women and society within the frame of the solidarity policy it adopted. We receive the specialist physicians from Tekden Hospital in our information meetings held monthly and intended for our women and provide our women a nice environment for a healthy future. I wish many successes to the founders, the managers, and the employees of Tekden Hospital providing full support to our projects carried out.



**Şeref Karakan** / Director General of Colossae Thermal Hotel & Spa

I would like to thank to Tekden Hospital paving the way for the sector in terms of private hospitals in our Denizli, the pearl of the Aegean, the entire Tekden team, primarily Esteemed Kemal TEKDEN, the President of the Board of Directors, distinguished with his successful investments, for the attention they paid to the human health and the confidence they provided in the hygienic environment, and wish the continuation of their successes. Very truly yours.



**Necip Helvacı** /President of the Board of Directors of Hacı Şerif

Our beautiful Denizli deserves the best of all. As you know, Hacı Şerif, sweet face of Denizli, has started to serve anymore in many provinces in Turkey. The flavors of Hacı Şerif, a trademark of Denizli, are not only known by Turkey but also the world. Tekden Hospital has also advertised our name to the world because of its excellent services it offered in important cities for years. Our country needs the trademarks aiming at carrying out excellent works. Tekden Hospital is an institution to which we apply beginning from the date of its incorporation. We are always appreciated both by hospital managers, physicians, and employees until today. May God bless them thousands times. When we go to the hospital, we are comfortable and tranquil as if we are at home. I wish long years filled up with success and health to all employees of Tekden.



# THANKS DENIZLI...

## Sevinç EVRAN AYDIN /Deputy General Director of Anemon Hotel



I don't know why but Tekden Hospital has always given the confidence to me. I don't know is it just because of our beautiful girls meeting you in the door pleasantly once you step in the hospital or the physicians applying successful treatment but if one says Tekden Hospital, I always remember the confidence. It may also be because of the fact that we go there continually and each time leave there happily, isn't it? You do understand more the value of such merits in busy working tempo and additionally if you are a mother of 2. As a person capable of seeing personally that the managers of Tekden are polite, refined, and successful persons in the health meetings they organize in our hotel, I think that the success of the hospital is not a chance event. May much more successes be with you!

## Hayri DEV / "Living Human Treasure" and Stringed Instrument Master awarded with Unesco prize



My children take me to the hospital at least 4 times per a year due to the lack of appetite. And I warn them by saying "COME ON THEN! TAKE ME TO TEKDEN". May God bless them, they fulfill my request. Both the owners and the physicians of Tekden Hospital appreciate me very much. They make me feel as if I am at home while I am hospitalized. I have 5 children, may God bless them, but the owners, the doctors, and the employees of Tekden Hospital are alike my children. May God bless them for the interest they showed in me, their uncle Hayri will sing them many more folk songs as long as he breathes... All the best for them...

## Aunt Çallı Fadime



I am 59 years old. I was born and grown in Çal Süller. I have 4 children and 12 grandchildren. I have worked personally until this age since I have lost my husband too early. So that my children be educated and have a profession. We sell the vine leaves in our vineyard and earn money.

Our vineyard - garden works never ends but my children treat me with too much care and attention, may God bless them. If a cough a little bit, they immediately take me to the hospital. They take me from Çal to Tekden Hospital in Denizli; we went to Tekden Hospital 4 years ago because I had severe low back pains due to heavy works. After having been treated during 20 days in the physiotherapy department, I got rid of my pains and now I am very well. I have taught my children not only to have a profession but also to appreciate the parents.



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